



HOME CARE SERVICES INFORMATION BOOKLET

Current as at 20 September 2018

ELIGIBILITY

You may be eligible for a home care package if you are:

An older person who needs coordinated services to help you to stay in your home

A younger person with a disability, dementia or other special care needs that are not met through other services.

MAKING THE DECISION

You may find, over time, that some things are becoming more difficult for you to manage on your own. Realising you need help can be a stressful time which involves understanding the services available, their costs and how you access them. My Aged Care can help you. It is the first point for all of your aged care needs. Contact My Aged Care via telephone on 1800 200 422 or via their website www.myagedcare.gov.au

If your care needs indicate that you would benefit from a Home Care Package, My Aged Care will refer you to an **Aged Care Assessment Team (ACAT)** to complete an assessment. You can then tailor a Home Care Package to best support your needs and goals by working in partnership with Cabanda Care. This is an important part of the process, and will help you to get the most out of the care and services available to you.

FEES

There are two types of fees that you can expect to pay:

- a basic daily fee (17.5% of the single basic Age Pension)
- an income-tested care fee (Based on Current Government Guidelines)


HOME CARE AGREEMENT

This is an agreement between you and Cabanda Care that sets out how your package will be provided to you. Cabanda Care works in partnership with you to develop a care plan and individualised (package) budget that best suits your needs. You have the right to call on an advocate of your choice (e.g. family member or carer) to represent you when talking with Cabanda Care. You will receive a **monthly statement** showing your package Income & Expenses.



The types of services that you can access under a home care package with Cabanda Care include but are not limited to the following:



<p>Personal Care</p>	<ul style="list-style-type: none"> • Showering or Bathing • Grooming • Personal Hygiene • Toileting • Dressing and Undressing 	
<p>Daily Living Activities</p>	<ul style="list-style-type: none"> • Fitting Sensory Communication Aids • Checking Hearing Aid Batteries • Assistance with phone calls • Cleaning spectacles 	
<p>Nutrition, Hydration, Meal Preparation and Diet</p>	<ul style="list-style-type: none"> • Hot meal with soup, juice & dessert—\$10.00 • Choice of salad or sandwiches—\$5.00 • Fruit—\$0.50 • Assistance with preparing own food 	
<p>Management of Skin Integrity</p>	<ul style="list-style-type: none"> • Wound care/dressings (medical supplies are charged at cost price plus time spent) • Moisturising • Support Stockings 	
<p>Continence Management</p>	<ul style="list-style-type: none"> • Assess eligibility for Government aids and assisting with accessing support 	
<p>Mobility and Dexterity</p>	<ul style="list-style-type: none"> • Access to any devices required to assist 	
<p>Support Services</p>	<ul style="list-style-type: none"> • Washing and ironing (\$30/hour) • Cleaning (\$30/hour—all equipment and chemicals supplied by consumer) • Basic home maintenance • Home modifications related to your care needs 	

List of Home Care services continued from previous page

Leisure, Activities and Personal Interests	<ul style="list-style-type: none"> • Socialisation via attendance at Social Group • Gardening (at cost) • Emotional Support (at cost) • Emergency Call System (\$15.85/month) <ul style="list-style-type: none"> ◦ Approximate set up cost—\$500 • Transport (\$35/hour) <ul style="list-style-type: none"> ◦ Shopping, doctor visits and social activities
Clinical Care	<p>Including but not limited to:</p> <ul style="list-style-type: none"> • Hearing Services • Vision Services <p><i>Allied Health services are charged at cost price plus \$0.35/km transport</i></p>
Respite Care	<ul style="list-style-type: none"> • Individual • In home • Group Activities

STANDARD FEES

Client Contribution For all Home Care Package Levels	<p>\$ 10.43 per day \$146.02 per fortnight</p>
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HOME CARE PACKAGE SUBSIDY—Amounts current from 20 Sept 2018

	Level 1	Level 2	Level 3	Level 4
Administration Percentage	35%	35%	25%	25%
Government Subsidy (Daily)	\$22.66	\$41.22	\$90.62	\$137.77
Government Subsidy (Fortnightly)	\$317.24	\$577.08	\$1268.68	\$1928.78



BENEFITS OF CHOOSING CABANDA CARE FOR IN-HOME CARE SERVICES

Cabanda Care is dedicated to providing **quality care and services** to the elderly people of our community and offers many varying levels, including:

- ◇ Meals on Wheels
- ◇ Cabanda Social Group
- ◇ Retirement Village
- ◇ Day & Night Respite
- ◇ Home Care Services
- ◇ Residential Aged Care

SELECTING CABANDA CARE AS YOUR **HOME CARE PROVIDER OF CHOICE** MEANS:

- Continuity of staff and care as you transition through the stages
- Regular Staff!
- Regular Days!
- Regular Time!
- Our Cabanda Care senior staff will be in constant collaboration regarding your current and future care needs, requirements and preferences

BENEFITS FOR CURRENT RESIDENTS OF CABANDA'S RETIREMENT VILLAGE:

- Option to have the basic daily fee completely subsidised for Level 1 & 2 Packages
- All transport/ mileage costs to your home will be completely subsidised due to the close proximity to Cabanda Care

SAFETY IN THE HOME

We ensure that all Home Care clients have a complete smoke alarm system installed and we perform regular tests to ensure consistent quality & compliance. Additionally, all clients are offered the option of an in-home 24-hour emergency call system for peace of mind in unexpected situations.

Our Home Care services are offered between 7am-3pm every day with *after hours services* available upon request/as required.

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