A Community Vision

The Cabanda Story

Compiled by Joyce Rieck

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Her Excellency Ms Quentin Bryce AC Governor-General of the Commonwealth of Australia

Foreword

By Her Excellency Ms Quentin Bryce, AC, CVO Governor-General of the Commonwealth of Australia

to 'A Community Vision - the Cabanda Story"

Xi Bre.

This book immortalises the story of Cabanda Care, a shining example of what a community can accomplish with vision, good leadership and willing community-minded people.

Owned and operated by the community, Cabanda is an aged care complex in the small town of Rosewood, Queensland. In 1979 a handful of visionaries dared to dream of a home for aged people so that they would not have to leave their community when they became too frail to live in their own homes.

Today Cabanda provides the full spectrum of care for up to 150 frail aged and younger disabled people with independent living units, day respite and low and high care residential facilities. This has been achieved through planning, hard work, fundraising and the determined perseverance of many people. From the men who salvaged and sold bottles, to the volunteers who help residents, or serve on the Board, the community has supported, and continues to support, Cabanda.

It has attracted loyal and dedicated staff and has become one of the largest employers in the district.

I remember with affection my visits on special occasions – always marked by generous spirit, warm hospitality and friendship. I remember too the care, professional skill and compassion I observed with respect and admiration.

I am delighted to congratulate Cabanda Care on the 25th anniversary of its opening.

ngust 2012.

A Message from Councillor David Pahlke

I transferred to Rosewood in 1985 in my role as Postmaster with Australia Post. The seeds had already well and truly been sown for the establishment of an Aged Care Facility, before my arrival.

The Rosewood Aged Peoples Home Committee was set up in 1980 and I'm aware it was incorporated in 1985. I remember the remarkable Salvage Team who raised \$125,000 over 11 years. Numerous Raffles, Street Stalls, Bingo and functions with a myriad of willing Volunteers ensued over the years.

I recall how many thought this was "pie in the sky" stuff. Those early days leading to the opening were so hard, yet the visionaries never lost hope. A 26 bed hostel \$900,000 was opened in October 1987 by David Beddall the Federal Member for Rankin. The project received a Commonwealth Subsidy of \$575,000. The Rosewood Community were remarkable. They raised just under \$300,000 to add to that amount.

The early days had Jack Peace, Ted Evans, Geoff Brown, Les Gwynne and Cr Marie Gehrke. In recent years we have had Joyce Rieck and Clyde Nicoll and many others.

Forgive me if a notable name is not mentioned. There have been so many volunteers who have willingly given their time.

Again, I have to impress that the countless hours committed by many, are voluntary.

I was elected as the Councillor for Rosewood in 1991 and immediately began a 20 year relationship with this wonderful organisation and people. For some years the facility operated as the Rosewood Aged Peoples Home Ctee Inc., trading as Cabanda Aged Care. The legal name of the organisation was charged from Rosewood Aged Peoples Home Committee Inc. to Cabanda Care Inc. as from 31 March 2008.

Happy 25th Birthday Cabanda!!!!! You are a rare breed and still surviving. One of the few Community-Run facilities left in Queensland. To Everyone - Take a bow!!!!! We love Cabanda!!!

Cr David Pahlke



Acknowledgements

A Community Vision – The Cabanda Story

This book is the result of the combined efforts of many people. In particular I wish to thank Isabelle Kearsley, Delma Nicoll, Penni Boughen, Nellie Haly, Dianne Yates and Nancy Mathers.

Although the contributors have done their best to ensure the content is historically accurate, the content of this book may not be error free. A person's memory often becomes hazy with the passing years, so if some facts are disputed we apologise and corrections can be made, if necessary at the 50th Anniversary celebrations.

The purpose of this book is twofold. Firstly it is to have a permanent record of the magnificant efforts of those who had the vision for an aged care complex in Rosewood, and worked with intelligence and perserverance to bring it about. Secondly, it is hoped that it will prove to be an inspiration for the Rosewood community and other communities to take an active role in identifying the needs of their communities, planning effective solutions to those needs, and ensuring those solutions are implemented.

The book is divided in seven sections. It begins with a thumbnail sketch of Rosewood since the World War II. This is followed by a chapter on the establishment of the Rosewood Aged People's Home Ctee Inc and the work done up to the Official Opening of the Hostel in October 1987. Next comes the progress of the complex from 1987 until the present day, which is followed by a short chapter on day-to-day activities. The Day Respite Centre has a chapter of its own, followed by a brief history of the Meals on Wheels Service in Rosewood. The final chapter focuses on what is happening now, and what is planned for the future.

Most of the photos of residents and clients over the years are not named, because they have been chosen to simply convey the atmosphere and care that are part of Cabanda every day and have been for the past 25 years. Other photographs are courtesy of Picture Ipswich, Ipswich City Council, also from the Gordon Yarrow Collection and courtesy of Lyle Radford.

Joyce Rieck 2012.

Cabanda Care is situated at 59 John St, Rosewood. 4340.

Telephone: (07) 5464 2392 Email: <u>info@cabanda.org.au</u> Website: www.cabanda.org.au

Philosophy of Cabanda Care Inc

The philosophy of Cabanda Care is the overall welfare and well-being of those entrusted to its care and the support and education of those who deliver care and services

Mission of Cabanda Care Inc.

Cabanda Care will strive to:

- meet the holistic needs of aged, frail and disabled people;
- respect the rights of the individual;
- maintain a high level of service delivery and accountability;
- promote and enhance ageing with dignity, respect and quality of life.

Vision of Cabanda Care Inc.

Cabanda Care will continue to serve the community by providing high quality care services and promoting the enduring concept of community-owned care

Rosewood Township 1945 - 2012.

Today in 2012, Rosewood still retains its relaxed, small country town feel. Nestled on the rim of the Bremer Valley 25km west of Ipswich, it was forged out of the bush during the mid-1800s by early European settlers. By 1945, the people residing in the district were largely the children and grandchildren of those original settlers. After the Second World War, additional European immigrants came and contributed to economic growth.

Primary industry, principally dairy farming, was the major business of the area. But from the 1920s, Rosewood's growth could be attributed to its burgeoning coal industry. At its peak there were about forty coal mines employing around four hundred miners. Many of these mines, all underground, were small family businesses. To get to work, some miners used the Ipswich-Amberley-Rosewood bus which serviced the area in those days, others travelled by train or even by bike. The work was hard, dirty and dangerous but well paid. Miners started and finished work early. A miner with his blackened face and clothes, riding a bike with his lunch billy on the handlebars, was a familiar sight in the streets of Rosewood in the 1940s and 1950s.

From 1945 until the late 1950s NARM (North Australian Rubber Mills) operated the "Slipper factory", manufacturing velvet and leatherette slippers, and for a time rain coats. It employed up to forty girls and was located next to Rhuno's, opposite the railway station. A manual telephone exchange in the Post Office also provided employment for young women.

During the 1950s, motor vehicles became popular with the increasing prosperity of citizens. Dealerships included Evans Bros Garage who employed ten people, and George's Garage who employed around six.

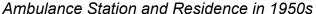


Staff of Evans Bros Garage 1950s

A commitment to community led many to join volunteer organisations. The earliest association was the Rosewood Farmer's Club founded in the late 1870's. The first Rosewood show was in 1878, and from this grew the Rosewood Agricultural and Horicultural Society that operates today.

Another volunteer orgainsation was the ambulance and some can still recall the first Ambulance Station, a shed on the southern side of the railway line, across the street from the school headmaster's residence. It housed the litter, a bed on a pull-along trolley. Fundraising to establish an ambulance centre in Rosewood began in 1944. Work started on the centre in 1948, and the ambulance station became a first stop for anyone with a medical problem in the 1950s and 60s. The ambulance committee and auxiliary continued to raise funds over the years through raffles, catering, and the annual Mardi Gras. Ambulance and honorary officers sold tickets in the pubs to keep the centre solvent. An efficient ambulance service was mandatory for the mining industry. Miners had their ambulance dues deducted automatically from their pay, and mine owners were great supporters. Families could choose to become Ambulance subscribers. Today the Ambulance service is fully government funded.







Emergency Services Building 2012

Locals offered important services that supported the area's residents. The St Kilda maternity hospital at 45 John St, was operated by Nurse Stubbs and from around 1919 until 1945, almost all babies born in Rosewood came into the world at Nurse Stubbs'. In 1915, an isolation hospital for infectious diseases was established in Hospital Road and this weatherboard building still survives today.



St. Kilda Maternity Hospital

Rosewood was also able to support both a resident doctor and dentist through the 1960s. Dr Ken Rawle operated his practice out of Matthew Str., and was also a Moreton Shire Councillor from 1955-1963, while Wally Grealy had his dental practice in the now demolished 3 John Str.

Volunteering though, remained a feature of the Rosewood community. Fred Lacey, along with a team of volunteers, built the Rosewood Kindergarten which opened in 1963. He had previously designed the 100x40ft RSL Memorial Hall, with its large 60x40ft dance floor, 25x14ft stage, supper room and well equipped kitchen. He, Ken Clare and other RSL members, worked hard and long to construct this hall which was completed in 1954. Originally located in William Str., it was relocated to Mill Str. in 1979.





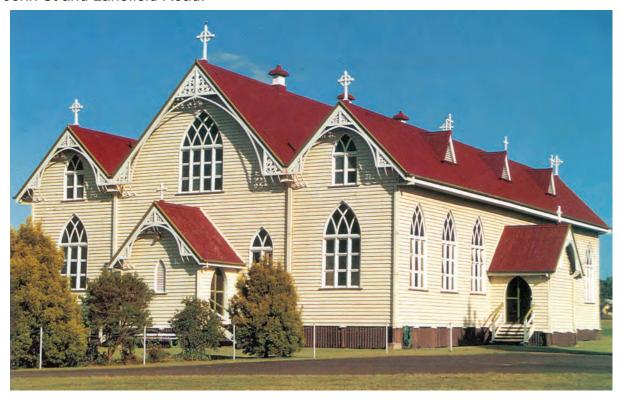
Ladies organised themselves to support the local community: the RSL Ladies Auxiliary operated through the 1950s and 60s; the Rosewood A & H Association Ladies Auxiliary operated in the 1960s and 70s; while still operating in 2012 are the Queensland Country Women's Association and the Catering Group of the Rosewood Uniting Church. This group has raised funds through its catering for over 50 years.

In 1958, Rosewood's Commercial hotel on the corner of John and William streets was destroyed by fire, though locals formed a bucket line and tried to save it. Later, in the early 1960s, volunteers formed Rosewood's Fire Brigade after the town received its reticulated town water supply. Originally storing their equipment in Bob Park's blacksmith shop they eventually moved into their purpose built premises north of the kindergarten.

During the 1950s and into the 60s, there was a dance every Friday night in the Memorial Hall, with many balls through winter. On Saturday nights dances were held in many of the halls of the surrounding districts, Marburg, Grandchester, Glenore Grove... From 1920s until 1968, Rosewood's "Picture Show" owned by the Boughen family showed movies every Tuesday, Friday and Saturday night.

During this period, Rosewood's six churches flourished with many having well-attended Sunday Schools. In 1959 the Rosewood Congregational Church, the forerunner of the Uniting Church, had a youth group of forty members.

St Brigids Catholic Church is a landmark building of the town. Built in 1912, it is reputed to be the largest timber church in Queensland and is listed on the Register of the National Estate. Also listed is the grand home "Glendalough", on the corner of John St and Lanefield Road.



St Brigids Catholic Church





St Lukes Anglican Church

Uniting Church

Rosewood is proud of its timber and tin heritage and sections of the township in which the housing is predominately timber and tin are listed as character housing and special building regulations apply.

In the 1960s Rosewood had three butcher shops, three specialist grocery stores Scheiffibein's 4Square, Richardson's Nifty-Thrifty, Sellars, and Johnston's drapery, as well as Ruhno's department store which stocked a wide range of goods. Retail-based employment was significant, but shifting conditions meant that people had to seek work outside the area. They began to shop where they worked, and over time the commercial strength Rosewood declined.



Rosewood Post Office



Scouts assembled outside Ruhno's store to celebrate Anzac Day.

The once vibrant agricultural enterprises suffered a downturn in profitability. Farms which used to support a family were now viable only as hobby farms. Dairy farms were particularly hard hit. Rural Youth groups, such as the Junior Farmers, suffered a decline in numbers.

Rosewood coal which is highly volatile, hard and bituminous, became difficult to sell in the 1960s. Orders fell as the railways and other institutions, turned to diesel for their steam boilers. Additionally, the mines had to mechanise to stay competitive, so they needed 'to get big or get out'. Most closed. Miners moved out west to central Queensland, some went into the Ipswich coalfields, and unfortunately several Rosewood miners were amongst those 17 killed in the 1972 Box Flat Explosion. Others got jobs at the Ipswich Railway Workshops or at the Amberley RAAF base. House prices fell and the lively social activities declined. By the early 1970s only two mines remained, Normanton and Oakleigh, both of which had become open cut mines. By the late 1970s only Oakleigh, owned by the Rule family was operating. Today it is owned and operated by New Hope Coal Pty. Ltd., which also operates the Jeebropilly open cut mine. These two now produce far more coal than the 40 mines of the 50s, this coal is exported and few locals are employed.

Many country primary schools closed. Mt. Walker, Merryvale, Rosevale, Tarome, Calvert, and Tallegalla districts mourned the loss of their local school. Though, Grandchester, Ashwell, Marburg, Haigslea, Mt. Marrow and Walloon schools remain, along with the Rosewood State and St. Brigid's Primary school.

Rosewood's State Secondary School, started in 1962 in the former Slipper Factory. It moved into new premises at the Primary School in 1964. The Secondary Department continued at the Primary School until 1980 when the new High School opened. The Slipper Factory building was moved in 1970 to the Showgrounds to become the Show Hall, but was demolished in 2010 to make way for a new hall.

Young people were catered for by the Scout Group, Girl Guide Company and Red Cross Youth, as well as by athletic clubs such as the Hockey, Cricket and Rugby League Clubs. Today, Scout and Guides still function but with reduced n umbers. There are also Little Athletics, Senior and Junior Rugby League, Junior Soccer and Swimming Clubs, as well as the Golf and Bowls Clubs.



Scouts and Guides marching down John Street

The Rosewood Community Centre in School Street was opened in 2001 as a result of volunteers demonstrating a need from Rosewood and district residents, for information and support including emergency relief assistance. These services were made possible through the kind support from the community, and fund raising by volunteers. The Centre leased land from the Ipswich City Council, and the Amberley RAAF base donated a removable four bedroom house to be used as a Centre. The Centre quickly became a busy hub offering a range of services. Funding from the Department of Communities allowed the Centre to employ a part time paid Community Services Worker, Donna Hanlon. Donna with her band of committed,

loyal and hard working volunteers provide varied, flexible and individualized services to meet as many community needs as possible.

Today, most who live in Rosewood or its surrounding district, do so by choice. The area is picturesque, with views to the Main Range, its scenic valleys and farmland. To be able to live in a rural environment, yet be able to travel to the state's capital city in only one hour, seems to attract many. In addition, Rosewood has a reputation for friendliness, with a pace slower than the city. Many of its families have lived in the town and district for generations and take a great pride in their community.

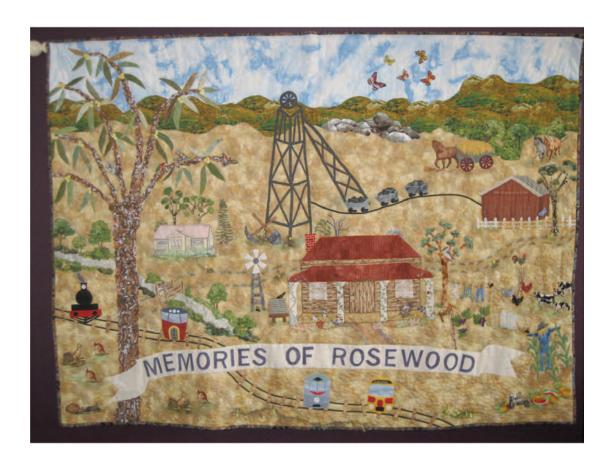
30 years ago, the community-minded people of Rosewood, resolved to have their older citizens remain and be cared for within the town's environs. Cabanda Care stands today, as a testament to their insight and determination. The Rosewood tradition of supporting the community through voluntary service, not only made possible the establishment of Cabanda, but underpins its operation to this very day.



Shops on western side of John Street.



John St., Rosewood 2012.



Wall hanging on wall of high care wing, designed and created by Olive Claydon and Lorna Kanofski.

Rosewood

A town on which the smiling hills look down From Perry's Nob and Bluff's steep walls, What galaxy of glory falls, Whenever sunset glows and waves, In golden shadows o'er the plains.

Rosewood! A gem for any poet's diadem. Where mines are held in nature's arms And tree-lined hills safeguard the farms, Where noon is pure and eve is gold, And all the breezes fragance hold.

Rosewood! A lease of pleasant scenes and rural peace,
Where man may find his soul again,
And walk with joy in God's domain,
For as these friendly ways I've trod
I've felt the very breath of God.

Rev. E. Hunt

This poem, written by the former minister of a Rosewood church, is indicative of the way the community regarded their town.

Prior to 1987

The Rosewood Chamber of Commerce invited all Rosewood residents to their Annual General Meeting held on September 1, 1978. They recognised the possible far-reaching effects of one of the proposals to be put to the meeting. What an air of excitement as people flocked to the QCWA Rooms that night! The proposal that Pensioner Units be built to service the town and district was received enthusiastically.

The then Chamber Secretary, Mrs. Gloria Alsemgeest, recalls the response from Bill Gunn, State Member for Somerset, when she asked him for ideas on how to attract a second medical practitioner to the town. He suggested that the establishment of an aged care facility would expand the patient base sufficiently to attract a full-time doctor, even a government subsidy for the Meals on Wheels Service. A special meeting was organised by the Chamber to pursue the matter.

At this meeting, the large gathering of interested citizens included representatives from the local Lions and Apex Clubs, Rosewood Pensioners League and the churches, Bill Hayden, M.H.R. and ex-Minister for Social Security (later Governor General) Moreton Shire Council Chairman Albert Hall and Councillors Stan Hayes, Jack Peace and Harry Courtice.

Bill Hayden's input was useful in promoting discussion regarding the necessity for older residents, no longer able to live independently, to leave their own community when they entered Aged Homes in Laidley and Ipswich.

A Steering Committee was elected: Cr. Jack Peace (ex-RAAF), Geoff Brown (exfarmer, currently employed at Amberley Air Base), Arnold Rieck (teacher), Norman Edward (Ted) Evans (garage proprietor), Len Franklin (butcher), Cr. Marie Gehrke who was later appointed Secretary, and Mrs Wendy Purvis RN who was replaced on leaving the town when her RAAF husband Ron was transferred, by Mrs Gloria Alsemgeest.

This committee visited Karinya at Laidley and units at Bundaberg, and asked for advice from the Rev. Eric Moore of Ipswich Mission and Frank Cotterell from Social Security. Such contacts expanded on the information Bill Hayden had given earlier, and helped them avoid pitfalls. When Jack Peace outlined plans at a Lions Club meeting, the Lions promised their full support. Approval in principle was sought also, from the Department of Health for a ten bed nursing home, only to be advised - three months later – that there was already adequate provision in Laidley and Ipswich for the accommodation of aged residents from Rosewood.

Undaunted by this setback, perhaps even more determined, the Committee contacted the Housing Commission regarding the possibility of building Pensioner Units in Rosewood. After all, the Bureau of Statistics stated that 298 aged people lived in this area of the Moreton Region. They were advised that weekly rental for a single unit was \$3.70, and for a double, \$5.40. Those who foresaw the need for such a facility in the future for themselves or members of their family were urged to apply immediately through the Rosewood Court of Petty Sessions.

The time had come to form a committee for the specific, definite purpose of registering with the Department of Justice as a charitable organisation.

Accordingly, the Chamber of Commerce called another public meeting in the QCWA Rooms for 10 December, 1979. The President, Les Gwynne, thanked the members of the Steering Committee for their work over the previous twelve months, and welcomed representatives from Moreton Shire Council, the Ambulance, QCWA, the Pensioners League, and other interested citizens, and Frank Cotterell from Social Security.

Mr. Cottrell stressed that the Committee would be able to sell land to the Housing Commission for the erection of units to be made available only to aged pensioners, an area of 460 – 470 sq. ft being a suitable size. He also pointed out that units at Allora were rented at \$15 weekly, plus electricity. He urged the Committee to move fast, applying to the Federal Government for a subsidy in the 1981/82 year.for the provision of a nursing home. The meeting decided, however, that the erection of pensioner units in Roserwood would provide the basis on which to mount an application for a nursing home.

Arnold Rieck moved, Ron Shaw seconded a motion that a committee be formed for the purpose of establishing the Rosewood Aged People's Home. The motion was carried unanimously, and Committee members were appointed: Jack Peace as President, Les Gwynne Vice President, Marie Gehrke Secretary, Ted Evans Treasurer; Gloria Alsemgeest, Mrs. Flo Melandri (QCWA), Len Franklin (Anglican Church), Ron Shaw (Rosewood Lions), Geoff Brown (St, Brigids Church) and interested citizen Ron Hazeldean. This Committee was to meet early in the New Year to draft the constitution, as required by the Justice Department for incorporation, arrange finance to purchase land, and apply for a Government subsidy.

At the January meeting, a cheque account was opened at the National Bank with a deposit of \$18. In March \$5 was sent to the Justice Department for incorporation fees, and \$12 given to the Secretary for petty cash. QCWA added \$38 to the \$1 remaining in the account, promising 5% of their bingo takings and a further \$100 once approval came from the QCWA State Executive. Ron Boughen's suggestion that the business people in the town be asked to lend \$2,000 each, interest-free, before seeking a bank loan, does not seem to have been acted on.

In May, solicitor, Mr. Lou Cervetto summarised to a meeting the options available for continuing the venture: a trusteeship, a company, or a body corporate. The meeting chose the first option, the trustees being Ron Boughen (electrician and electric retailer), Ted Sellars (proprietor of grocery store) and Dr John Saba (with practices in Rosewood and Ipswich).

The Committee moved quickly to purchase land belonging to Mr Ivan Ilijec, four acres on the town side of Johnston Park, facing John Street, close to the town centre. More land was available, too, for further expansion. The Moreton Shire Town Planner approved the site as suitable for an aged care facility, which would be the first in the Shire. But the National Bank refused a loan. After negotiation, Mr.

Ilijec accepted the Committee's proposal: \$4000 deposit, the same amount payable in thirty days, a further \$6000 to be paid within twelve months, and the balance, plus reducing bank interest, within two years of the signing of the contract, a total of approximately \$21 000. The final payment was made on time: \$6000, plus \$2487.55.

Mr. George Schmitt was allowed to continue grazing cattle on the land, paying \$200 p.a. lease, with the proviso that his stock be removed if the land was needed for a function. When Mr. Schmitt did not renew his lease in 1982, Les Gwynne took it up, removal of the yards and repairs to the fencing being part of the contract.

What a commitment!

FUNDRAISING

The money had to be raised by the community.

One of the Committee's big hopes for raising both money and awareness was a door-knock appeal on June 8 1980. Imagine their disappointment when the Justice Department refused permission! Further representations, however, did allow the proposal to proceed the following week, June 9 –15. The Lions Club collected in the town and the Committee organised collections from Grandchester and Calvert, Brimblecombes' to Mount Walker, Oakleigh Road to Marburg, Lanefield and Ashwell, Ebenezer and Rosevale, Walloon, Thagoona, Haigslea, Mount Marrow and Glamorganvale. In spite of a few refusals, on the grounds that 'we aren't going to waste our money by supporting you, because this will never get off the ground', the appeal raised \$2900, plus the donation by Mr. Alton Walker of a cow to be slaughtered and its meat raffled. Unfortunately, however, the fate of the cow is not recorded.

Annual appeals continued. The Minutes record that the 1981 appeal, in which the Apex Club participated as collectors, raised \$2115.16.

Investment deposits at the Bank have proved their worth over the years. The first investment was planned to help fund the \$6000 due on the land in September 1981; \$3000 invested at 12.5% for three months netted about \$93. The following year the Committee had \$6000 in term deposits, to offset two interest-free loans, each of \$3000. In 1984 the total thus invested was \$26 000, surely a reflection of the hard work put in by supporters. The Committee's finances leading up to the payment on the land in September 1981 was roughly \$11 500, which included Art Union proceeds, the working account and money invested in long-term deposits. At the 1981 AGM Shire Chairman Neil Russell proposed that parcels of the land be sold, not to be re-sold. This would help to finish paying off the land and thus facilitate an application for a subsidy from the Government to build the proposed units; this suggestion however, did not elicit a favourable response from the Committee or its supporters.

John Brown, Manager of the National Bank in the late 80s was very active on the Committee and personally organised long-term, short-term and even overnight deposits for the RAPH to gain the highest amounts of interest.

On August 26, 1980 Marie Gehrke and John Daly applied in person to the Justice Department to conduct a major art union, the prize a car, perhaps to be financed by ten loans of \$500 each or by the full cost loaned by one individual. The Minutes do not make clear where the money came from. To defray expenses, John Daly persuaded the Ipswich Toyota dealer to advertise on the back of the tickets. There was a delay in opening ticket sales, but records in April 1981 show that MrsThelma Pocock of Walloon Road was the winner of the vehicle.

The Committee instituted weekly grocery raffles also, as a means of raising small, but regular, amounts. Vi, Mrs John Embrey seems to have been in charge. Terry Bennett was another regular ticket seller. Over one hundred people donated groceries or other modest items as prizes. Over three hundred raffles were held, beginning in April 1981, and continuing for over three years, perhaps finishing only when dust from the refurbishment of John Street halted all raffles. The average weekly profit was about \$48.50, but occasionally it is recorded, a raffle made only about \$10. Still, the total raised in this way was in excess of \$13 500.

Regular street stalls were also important in the fund-raising efforts, another way in which local people could contribute by donating/selling whatever they were good at or whatever was available. Mary Mogensen, for instance, tells how people supplied her with citrus fruits for her to make marmalade – 'gallons of it'! Bingo was held weekly in the Farmers' Hall. Putting up the heavy trestle tables and putting them away again was a major chore. Hazel Gwynne, Daphne Downing, Jean Thomas and Thora Dutney were loyal workers. Thora tells the story of pouring a cup of tea after bingo, and a cockroach popped out of the tea pot spout,

As the project captured the imagination of local people, donations, large and small, in money or in kind, poured in. All the local churches, the Guides and the Scouts and other organisations continually fund-raised for the project, according to their ability and resources.

Norm Rule of Oakleigh Colliery was always very generous, donating not only money, but also items to facilitate fund-raising or to offset costs as the venture progressed. Moreton Shire Council also made massive contributions in kind. The charity section at Amberley Air Base presented a cheque for \$1846, proceeds from their Mardi Gras. Ted Evans reported to the December 1980 meeting that it was the intention of Rosewood RSL to donate \$3000 to the Aged People's Home from the sale of the land in William Street where their Hall had stood before its removal to Anzac Park next to the Pool. Later, however, it was disappointing to find this was to be a loan, interest-free, but conditional on preference being given for accommodation to ex-servicemen, in which case the \$3000 loan would become a donation, acknowledged as such with a prominently displayed plaque; in keeping with its policy of accommodation open to all, but on Court of Petty Sessions advice, the Committee refused this money.

But there was ample opportunity for other fund-raising ventures. The Committee and the community were quick to seize occasional opportunities to raise money, such as Melbourne Cup Sweeps, Marburg dances, a bus trip to the Commonwealth Games (1982), a Fun Run, a 4-wheel Drive Day and catering at the Rodeo.

In 1985 when the financial situation was extremely worrying, Committee President, Jack Peace wrote to big businesses summarising the efforts made by the Committee and the community to date, mentioning that frequently delays by slow responses from Government departments caused large donors to withhold their donations. Therefore he was appealing for monetary assistance. It seems, however, that only BP responded, with \$50. Geoff Brown did the same thing at another time, with the same result. So much for their frequently voiced claims to help the community!

But two other special fund-raisers must also be mentioned.

One was the result of work by the local Lions. Not only did they raise money locally, but they also tapped into Lions funding available beyond Club level. \$8000 came from the Australian Lions Foundation, but only after local Lions Secretary, Harry Barker, appealed against a refusal, persuading the Foundation to bend the rules slightly – and sensibly – to grant the \$8000 sought, vital to the continuation of the Committee's long and intensive efforts. The money was granted as tenders were called, ten weeks earlier than the customary process of funding when construction was in progress. Rosewood Lions' application to Lions International (USA) resulted in a grant of \$11 449.60 at the end of 1986, to assist in raising the \$140 000 needed to match the Commonwealth's \$440 000. Lions District 201 Q1 also donated \$1129.71. Rosewood Lions raised a total of \$25 895. No wonder Lions were given special mention at the official opening.

Another group was honoured that day also. It was in 1981 that the Salvage Team commenced operations. The initial collection point for bottles was beside Les and Hazel Gwynne's engineering works on the corner of John and William Streets. Bottles soon overflowed the 44-gallon drums meant to hold them, and, Hazel says, so many lay in the grass nearby that mowing was impossible and the place looked like a rubbish dump. The first load of 44 gallon drums of broken glass were smashed by hand by Hazel, her son Chris Holznagel and her daughter Caroline Gwynne. When they were under pressure to have a load ready for the truck to take them to Ipswich, Geoff Brown came to help. John Embrey, Ben Thomas and Terry Bennett joined the Team, and the bottle collection and smashing moved to the site of the present Hostel entrance. John claimed to have been the first to smash enough stubbies – somewhere between 800 and 1000 – to fill one of the 44-gallon drums. Bees were always a problem, as frequently the bottles retained a residue of liquid which attracted bees. The men had to wear long-sleeved shirts. The \$890 earned in that first year was heartening.

What a boon when Oakleigh miners designed, produced and donated a petroldriven machine to take over the onerous task of smashing bottles ready for sale. The machine was especially helpful when the Team was allowed to remove glass from the disused Lanefield Sanitary Dump. When construction of the Hostel began in 1986 an enlarged Salvage Team moved to what became the staff parking area at the back of the Hostel. The Team then collected cardboard also, using an old screw press to make the bales, but replaced soon after by a hydraulic press loaned by Visy Recycling, Rocklea, making the job so much faster and easier. The Team tried newspapers and plastic collection, only to find those financially unviable. Scrap metal including aluminium, went to John Haggerty, Ipswich. We note that in April 1983 the Committee took over scavenging rights at the local Dump, and this continued for the duration of the salvage team's life.

The bottloes were a familiar sight on their rounds, not only in Rosewood, but also in Boonah, Harrisville, Laidley, Grandchester, Marburg and Ipswich, at first in their own vehicles and trailers, later in a vehicle purchased for the purpose. People all over the district not only respected the dedication of the bottloes and their generous efforts, but even those with no connection with Rosewood came to know it as a place where an aged home was planned to be built, the money coming from bottles! More people joined the Team, some were forced by illness and age to retire, but all found the work fulfilling as they worked to realise their dream. Still, there were opportunities for friendship and fun. Thora Dutney recalls that one day she was sitting on her front porch and saw an obviously exhausted man collapse on to a chair at the site of the salvage depot across the road. She immediately took him a cup of tea. From that time on, Thora supplied the bottloes with delicious morning teas. She has recounted how the men played cards (with round cards recued from the dump) between times, setting up a wrought iron table and chairs also salvaged from the local dump. The Team went on to raise \$800 - \$900 per month, and when it was disbanded on 31 March, 1993, its workers had raised an amazing \$125 000 for the RAPH!

Over the years, Les and Hazel Gwynne, Geoff Brown, John Embrey, Ben Thomas, Terry Bennett, Col and Thora Dutney were joined by Roy Bassett, Bob Brown, Wallace Brown, Trevor Bunning, Col Suhr, Reg Burchmann, Stan Burchmann, Jim Coveney, Jim Dawes, Doug Domrow, Isabella and John Duggan, Wilf Freeman, Charlie Grech, Doug Kleve, Ray Lack, Barry Lee, Judy Morgan, Vince Neumann, Benny O'Rourke, Ted Smith, Jim Stedman, Jack Yarrow, Chris Holznagel and Harry Uprichard. Pearl Suhr recalls how her husband Col and his friend, Trevor Bunning collected bottles, cans and papers from Tarampa, Haigslea, Minden and Marburg, stacking them in the garage until he had a load. The bottles were bagged, the papers tied in bundles. Col bought a trailer to carry the bottles, the papers were stacked in the boot and car until there was just enough room for him and Trevor to fit in as they drove to the depot at Rosewood, All of these people have become legends in Rosewood, and we salute them.

A special word about Benny O'Rourke. Benny, who is vision –impaired, has walked from his home in School St. to Cabanda each Christmas to give a box of chocolates to the residents, one for the staff, and one for Thora.







Scenes from the salvage area behind Cabanda and some of the workers who put in many, many hours there.

In fact, Rosewood is indebted to all those who were involved in any way in contributing to the work of getting the project off the ground.

The small but determined Committee pushed on against all odds, sustained by such practical support. It was estimated that a 26-bed hostel would cost \$750 000, with Federal subsidy of 2 to 1. (This was before Accommodation bonds were introduced). There were plenty of knockers who refused to believe that the small working class community of Rosewood could raise the \$250 000 required. The Committee also had to persuade Moreton Shire Council that the zoning of the selected site as Township should be changed to Special Uses – Aged People's Units.

As well as the Hostel, the Committee expected to build four units, and even submitted a press release to the Queensland Times which outlined the progress made by the RAPH Committee. But by early 1981 the plan was to build eight units with a separate kitchen and dining room, in the expectation that a facility would be built later for those needing light hospital care.

Inspections of places like Brassall Village had been made, and discussions held with people such as Rev. Fred Delbridge of Blue Care, and the Committee had reached the stage of discussions with a University of Queensland architect, as John Daley had suggested. A call to Committee President, Jack Peace from Mr. Ken Tuff of Accommodation for the Aged at A.V. Jennings turned the Committee in a different direction. The A.V. Jennings offer to build a 25-bed nursing home and a 15-bed hostel for between \$12 000 and \$14 000 per bed certainly sounded enticing.

Again, however, the Department of Health argued that Rosewood people, as part of West Moreton Region were well catered for, with access to aged homes in Laidley and Ipswich. Again, too, Bill Gunn MLA agreed with Rosewood's need for its own facilities. On April 6, 1985 he accompanied a delegation to the Minister to appeal against that decision, and made it clear that Rosewood did not even have its own small hospital. They met with Mr Ralph Price, acting for the Minister, who advised that in the long term they must look at a 52-bed hostel for the Aged Unwell as well as units for the Aged Well. Still he agreed to re-submit the application.

A change of government meant the formulation of new policies, and there was a twelve month delay. The formula for allocation of beds for residential care per region was 60 hostel beds and 40 nursing homes beds per 1000 population aged over 70 years.

But now, at last, all members of the Committee were agreed in taking the final steps towards incorporation with the Justice Department under the Associations Incorporation Act of 1981. Registration as a charity also meant that donations over \$2 were tax deductible. There was another long delay before the Department informed the Committee of the necessity to include in the Constitution that accommodation would be open to all, regardless of colour or creed, including the disabled. Once this was done in 1985, the Rosewood Aged People's Home Committee became an incorporated body. This meant, too, that the three trustees were no longer required.

According to David Beddall, MHR, Federal Member for Rankin, whose assistance was sought in expediting the project, the Government had approved it, but had been reluctant to act until the Committee had been incorporated; so now it was granted, the approval came through. Secretary Marie Gehrke advised that she had received information that the Committee had received a grant of \$440 000 in the 1986/87 budget. Ms. E. Pfleum, however, rang President Jack Peace to correct this impression; the grant was approved in principle, but several matters needed to be attended to before it would be realised.

These may have been practical considerations, as the Minutes report that Messrs Nev. Tait and Peter Johnston (a native of Rosewood, nephew of Trustee Ted Sellars), of Tait, Morton and Johnston, Ipswich architects, supervised four soil tests on the property. Mr Tait also offered to draw up plans, free of charge, for the new buildings.

The Committee needed \$140 000. Fund-raising continued in an atmosphere of optimism.

At a special meeting on 30 July 1986, a small committee was formed to handle the plans and the finance for the new building: President Jack Peace, Lion Harry Barker and Auditor Hugh Arthur, or failing his agreement, Norm Craswell (then Shire Clerk of Moreton Shire Council).

Jack Peace had visited the Aged Home in Milmerran, where Cr. Harry Courtice (Rosewood) had contacts, and gathered practical hints which were useful in developing the plans for the Rosewood Home. \$1246.43 was paid to Tait, Morton and Johnston.

In September 1986 Moreton Shire Council Town Planning granted permission for the Committee to commence building, but only after certain conditions were met, which of course, included the removal of the Salvage Dump from the premises. Tenders were called on 17 November, closing ten days later, with a \$50 bond required from each tenderer. Of the nineteen tenders, three were selected for immediate submission to the Department of Community Services. A further payment of \$16 531 was made to Tait, Morton and Johnston.

Mrs Joyce Rieck from Rosewood Meals on Wheels suggested to the Committee in November that the service operate from the Home's kitchen. This led to Meals on Wheels being proposed as an actual extension of the Aged Home services, if that was allowable. Such an agreement was reached, so long as recipients were aged people recommended by a doctor.

After nine years of hard work, Australia Day 1987 marked a significant point, not only in the untiring efforts of the Committee, but also for the community. The highlight of the event was the unveiling of the foundation stone by David Beddall, MHR. This was a slab of basalt from Oakleigh Colliery, with a low relief sculpture of a bullock team in front of a mine head frame and a patch of scrub. This gift, created by sculptor Tom Farrell of Karalee, was a tribute to the district's pioneers.

Unveiling the Foundation Stone, 26 January 1987.



Jack Peace (standing), Neil Russell and Ted Evans seated.







Original residents, Jack and Bridget Wyatte with Tom Farrell who engraved the Foundation Stone.



 Pictured: Deputy District Governor Harry Barker watches as preside of the Aged Persons Home Committee, Rosewood tien Jack Pea received the Lions Clubs International Foundation cheque from Dish

Nork starts soon on Rosewood

Work is expected to begin in early been submitted for consideration. 1987 on the Rosewood Aged Persons Home after exhaustive fundraising soon as the tender is approved. efforts by the Rosewood Lions Club foundation stone is currently being were rewarded last week with a milestone grant.

of the \$700,000-plus project was Rankin. boosted with a donation of almost \$11,500 from the Lions Clubs Interna- home have soared since the proje tional Foundation, a United States was first floated. From an origin based organisation.

believed to be the first grant to a has made life all the more difficult for Queensland club from the United the Rosewood Lions Club, which

the project and one tender has and State Governments.

Work will begin on the home prepared by local stonemason To Farrell and will be unveiled by N The Rosewood Lions Club's share David Beddall MHR, Member for

Costs on the proposed 26-ur quote of around 4600,000 costs have The grant from the Foundation is now escalated to over \$700,000 which funding a third of the developmen Tenders were called earlier this year The remainder will be met by Feder

It so happened that the Main Roads reconstruction of John Street coincided with the commencement of building of the Aged Home. This included front access to the new building. On 8 February, 1987 constuction began, the contractors being W.R. and S. Symington. Kitchen facilities were planned to allow for future expansion, which would include a 32-bed nursing home. But it is no surprise to read that things did not run smoothly. The June 15 Committee meeting Minutes note the need to alter the plans to allow for a staff room and a treatment room (for drugs, etc.)

Moreton Shire Council helped to keep costs down by doing work for free that was usually paid for by the developer. This included kerbing, channelling and bitumening. Oakleigh Colliery levelled the ground with chitters, but sadly the thefts of moveable building materials such as windows and studs were rife. Then, when the work was completed on August 25, Government inspectors declared the basins and cabinets in the ensuites to be dangerous; they cost \$580 per set to replace, and the \$30 000 subsidy was withheld until the work was satisfactorily completed. What a wise decision to build individual ensuites, as at that time most aged care facilities had shared bathrooms. In hindsight the ensuites should have been larger, but costs are always a constraint. Costs had escalated, too, and a shortfall of \$60 000 had to be found, necessitating more, urgent, fund-raising. The final cost of building was \$728 000.

Offers of help kept coming. Father Casey of St Brigid's donated a photo-copier to the Committee. Harry Barker would provide a plaque, as also would Mr Bill Morrissy, acknowledging gifts to the Home. Boral Bricks allowed a substantial discount on the bricks for the building. The July Minutes record an offer from Peter Johnston to do the landscaping free of charge, Lions were eager to be involved, Norm Rule (Oakleigh Colliery) gave chitters and loam for the work, while Mr Brian Ahern gave the use of his truck to carry enough turf from Matt Dale's property to enhance the grounds before the opening day.

Moreton Shire Chairman Neil Russell was profuse in his congratulations at the AGM on 17 March. He believed that the project would become a major asset to Rosewood. And so it proved.



Residents moved into the Hostel, the first arriving on September 20. There were twenty-six residents, twenty-one of whom needed personal, and four hostel care, while one was in respite care, enabling her carer to enjoy a short break from the day-by-day routine.

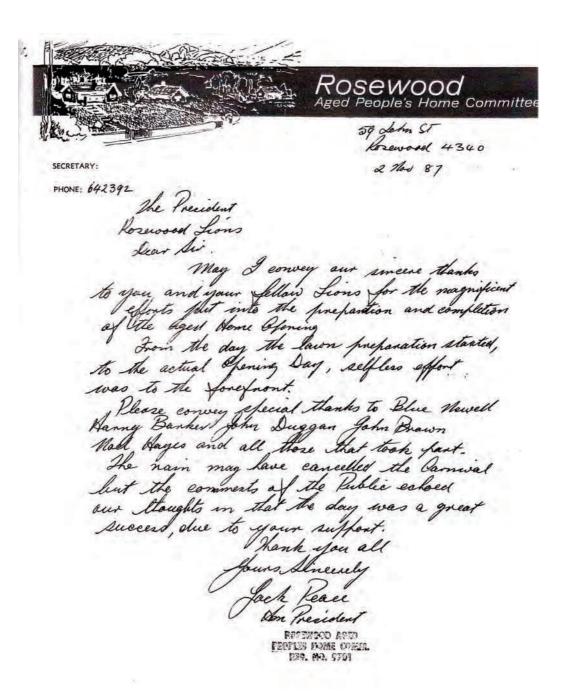
The twenty-six private rooms, were all functional, light and airy, set up to allow residents to be as independent as they wished. Three married couples could be accommodated in pairs of rooms with access to one another. Special facilities were provided for disabled residents and one room was set aside for respite care. There were two bedroom wings, each with its own lounge, tea-making facilities and small laundry for use by the residents. A large lounge, dining area and kitchen were centrally situated. The emphasis was on creating a friendly, homely environment for the residents. The building was designed not to look like an institution, its low lines in keeping with the domestic style of architecture in Rosewood.



Rosewood Lions helping to prepare grounds prior to Official Opening







The first Supervisor, Mrs Chris Thomson, was the only permanent employee. By the end of September there were twelve on staff offering 24-hour care, nursing, domestic and management, and agreements were drawn up with them. Residents paid \$11.50 per day for personal care, \$1.90 per day for Hostel care and \$1.95 extra per day for respite care. The Committee drew up rules for the operation of the Hostel to ensure best conditions for residents, staff and volunteers. What a busy time! The November Minutes tell us that Thora Dutney, Tess Brown, Myrl Evans and Phyllis Johnson were conducting sing-alongs and bowls mornings. In spite of initial difficulties, the Aged Care Home was up and running.



First Supervisor, Chris Thomson with one of the original residents, Jim Langdon.

The RAPH Committee's press release to the QT on 17 October 1987, on the eve of Senior Citizens' Week, was entitled "Home Sweet Home for Rosewood Spirit". Certainly that spirit was in evidence when over 350 people attended an all-day carnival, organised by Lions at the Committee's request, Harry Barker at the helm for the official opening.

Organisations and churches held stalls for their own benefit, with only 30% of the proceeds returning to the Hostel. Shirley the Camel from Blue Ribbon Motors, Katy Kangaroo and Hector the Safety Car were present. Toastmasters presented speeches and music was provided by both the Salvation Army Band and the Boys' Grammar Dixie and Jazz Band.

Crowd on the day of the Official Opening, 17 October 1987.







Advance Australia Fair

Australians all let us rejoice, For we are young and free; We've golden soil and wealth to

Our home is girt by sea; Our land abounds in nature's gifts

Of beauty rich and rare; In history's page, let every stage Advance Australia Fair. In joyful strains then let us sing Advance Australia Fair.

God Save the Queen

God save our gracious Queen, Long live our noble Queen God save the Queen! Send her victorious, Happy and glorious, Long to reign over us, God save the Queen!

Salvation Army Band

A Brief History

ROSEWOOD district residents have successfully raised over \$242,688 in funds towards the Rosewood Aged People's Home.

Residents began moving into the completed home and it will be officially opened with a carnival on October 17th.

A variety of fund raising ventures by enthusiastic townspeople helped to raise the funds.

The final cost of the home was \$728,000.

The fund raising ventures included collecting and crushing of glass bottles, raffles, stalls, auctions and annual appeals.

It has taken the committee over eight years to raise sufficient funds for the construction of the home, which is to be one of the most modern and up to date of its kind outside Brisbane.

The home has 26 units, all of which have an ensuite, with two units being specially constructed for disabled people.

Three units have also been set aside for married couples.

The units are bright and airy and have been designed for functional practicability for their occupants.

Rosewood Lions Club in addition to their financial support have landscaped the grounds and organised a carnival style program for the official opening.

Souvenir Programme

Opening Day 17th October 1987

Rosewood Aged Peoples Home



Donation 40¢

Ceremony

2 p.m. Flag Raised to National Anthem Introduction by President

Stone Unveiled by Hon. Ben Humphries M.H.R. Minister for Vet. Affairs

Blessing by Father Casey

Plaque Unveiled by Mr. David Beddall M.H.R. Member for Rankin

Plaque Unveiled by Mr. Bill Gunn Deputy Premier Qld.

Plaque Unveiled by Neil Russell Chairman, Moreton Shire Council

Plaque Unveiled Matt Dale President Rosewood Lions

Benediction by Rev. Fernance

GOD SAVE THE QUEEN



Geoff Brown Publicity Officer. P.R. for Care and Committee.





Myrle Evans Committee Member **Furniture** Committee.



Colin Dutney Committee Member - Member of R.S.L. one of the Bottle boys.



Judy Morgan Committee Member.



Terry Bennett Committee Member Ticket seller and Collector for Blue Nurses Organisations



Ted Evans Treasurer since 1979 - Chairman of RSL Treasurer -Uniting Church.



Thora Dutney Committee Member Bottle Boys supporter for over six years. Ambulance Committee.





Marie Gehrke Secretary Moreton Shire Councillor Bi-centenary Committee Chairman



Joyce Rieck Committee Member Meals on Wheels Convenor Furniture Committee.



Ben Thomas Committee Member Chief of recycling Depot.



Len Franklin

Vice President -

Anglican Church

Committee Member.

Bill Dray Committee Member.



Vi Embrey Committee Member Ticket Seller Treasurer - Pensioners League



Hazel Gwynne Committee Member Ladies Ambulance Committee.



Jean Thomas Committee Member President Pensioners League - Treas urer C.W.A.



President since 1979 - Moreton Shire Councillor



John Embrey Committee Member Treasurer of Masonic and P.A.F.S.O.A. Lodges



Les Gwynne Committee Member Immediate past Vice President Chairman Ambulance Committee.



Mary Mogensen Committee Member.

Most of this Committee have been members since the formation in 1979.

Rosewood old home dream now a reality

THE vision of a small band of dedicated Rosewood residents will be realised when the Rosewood Aged Peoples Home is opened this

Aged Peoples Home is opened this Saturday.

The home will be officially opened by Member for Rankin David Beddall, with special guests Federal Minister for Veteran Affairs Ben Humphries, Deputy Premier Bill Gunn, and Moreton Shire Chairman Neil Russell.

Chairman Neil Russell.
Rosewood Aged Peoples Home
Committee Chairman Cr Jack
Peace said hard work over nine
years from many clubs and individuals had made the project possible.
He singled out Rosewood Lions
Club for their support for the proiect from the start, worth more than

ect from the start, worth more than \$14,000.

The club provided \$6000 in 1981 and further donations of \$4000 in 1982, \$4000 in 1986, and a rebate from funds raisded for the Lions Miss Personality quest this year.

"Funding for the project was granted in mid 1985 throught the

Commonwealth Department of Welfare Services," Cr Peace said. The department promised to sub-

The department promised to subsidise the then estimated cost of \$660,000 by \$440,000, with the balance of \$220,000 to be found by the Rosewood Aged Peoples Home Committee by June/July 1986.

The actual shortfall in funds amounted to about \$100,000.

Contributions were also secured

Contributions were also secured from Lions District 201 Ql (\$1129.71), the Australian Lions Foundation (\$8000) and the Lions Club International Fund (\$11,449.60).



· Jack Peace outside the Rosewood home

Moreton Shire Council supported the project by providing the street alignment, kerbing and channelling and paving the parking and service areas, normally the responsibility of the developer, Cr Peace said.

the developer, Cr Peace said.
Cr Peace praised the Aged Peoples Home Committee for their
dogged persistence with the project.
'Not only has it raised the bulk of
the actual building costs has discovered.

"Not only has it raised the bulk of the actual building costs, but first it had to meet the land costs, soil test-ing fees, rates and preliminary architects fees which amounted to \$27,750," he said.

"In addition, by April 1986, this Committee had raised \$98,982, basi-cally from a population of 2,600.

cally from a population of 2,600. Raffles, dances, bingo, cent auctions, the Annual Appeal and the

ongoing bottle and paper collection are the main sources of revenue

"The bottle and paper collection averaged \$800 per month, and this has been manned by men well into the 60s and over," Cr Peace said.

Other major contributions were made by Oakleigh Colliery of Rosewood, which donated \$3000, the stone from which the foundation stone was sculptured, and all the necessary fill needed at the site.

Ipswich sculptor Tom Farrell sculpted the foundation stone and negotiated with Boral Bricks for a substantial discount on bricks used. Rosewood RSL Sub-Branch and

the Rosewood Hotel were also staunch supporters, Cr Peace said.

Town to celebrate opening

BANDS, stalls and children's rides will be part of the

BANDS, stalls and children's rides will be part of the festivities on Saturday at Rosewood when the town celebrates the final result of nine years of fund-raising. Rosewood Lions have organised a a community fete and carnival to officially launch the Rosewood Aged Peoples Home. Sporting clubs, charities and religious groups will run stalls for the carnival, which will be held in the grounds of the new home from 9am.

Organiser Harry Barker said the fun day was also a fund-raiser for the home, with 30 per cent of the takings from stalls being donated.

By SARA HEATON

Music from the Dixieland Jazz Band from Ipswich Boy's Grammar and the Salvation Army band will add to the atmosphere. Jim the Camel from Blue Ribbon Mo-tors, Katie Kangaroo and Hector the Safety Cat will appear and a martial arts demonstration will be staged,

There will be something for everyone, Mr Barker said.
The home will be officially opened at 2pm. Tours will be conducted by local Scouts and Guides during the day.

The Australian flag was raised on the new locally made flagpole. The Minister for Veteran Affairs, Ben Humphreys and Federal Member for Rankin, David Beddall, represented the Federal Government and Bill Gunn, MLA, the State Government. Moreton Shire Council Chairman Neil Russell and Matt Dale, President of Rosewood Lions also joined members of the RAPH Committee in the official party.

In unveiling the plague commemorating the Federal Government's practical assistance to the project, Mr Humphreys suggested to the assembly that no one minded their taxes being used for such an asset, while Mr. Beddall remarked on the fact that the position of the Hostel so close to the town centre would allow residents to remain part of the community. Bill Gunn, MLA, was proud of Rosewood's Aged Home, the fifth in his electorate, the result of the magnificent effort by the whole community to provide an amenity that should be found in every Queensland town of 2000 or more; he also presented a cheque from the State Government for \$9465.00 to purchase furniture. John Embrey recounted the history of the Salvage Team, and Matt Dale the financial contributions of Lions at various levels. President Jack Peace

praised the Committee members for their "dogged persistence" as well as the efforts of the community in supporting the project, raising \$220 000.

The day's souvenir program claimed the Hostel as one of the most modern and upto-date outside Brisbane. Local Scouts and Guides had been trained to show groups of six or seven visitors at a time around the Hostel without disturbing the residents. Those visitors happily agreed with the proud claims of the souvenir program. But the committee was already planning for future expansion.

Plan will be expanded

THE Rosewood Aged Peoples Home was designed to facilitate additions like an activity centre, a nursing home and a number of self contained duplex units in later years.

Architect Peter Johnston said the overall site development plan included long term features.

"The builder is near to starting an activity centre at the front of the complex and in the future there may be a nursing home," he said.

"It has been designed so that 10 self contained duplex units can also be added."

Mr Johnston said future expansion had been allowed for in the design.

"The kitchen can be expanded into a large commercial kitchen to cater for nursing home



 The foundation stone was sculpted by Tom Farrell.

patients as well as the hostel residents.

"When the other additions are made the complex will have a fullrange of care for aged people from self contained units where the person is independent, a hostel with 24 hour care where it is needed to a nursing home with full care."

The aged people's home has also been designed to fit into the Rosewood environment.

"The building is designed with smaller elements to fit into the domestic style of buildings in Rosewood," Mr Johnston said. "It doesn't look like an institution.

"It is broken up so there are a lot of little buildings with gable roofs at the front.

"The home is set up in a noninstitutional way and it will be run in a non-institutional style so we tried to make it look less like an institution inside and out.

"We have also put emphasis on making it environmentally comfortable with as much of the building facing north as possible," he said.

The Rosewood Aged Peoples Home is one of the largest buildings ever contructed in the town.

In retrospect it was a miracle that a group of ordinary people would dream that they could achieve such result in Rosewood. We salute them all.

But the last word comes from John Embrey: "It's the best thing that's ever happened to Rosewood."

"Those who drink the water should remember those who dug the well"

From the People to Cabanda

by Bill Yarrow

First suggestion from Chamber of Commerce People began to think, ponder and coerce. Public meeting was called in nineteen seventy-eight And things got moving from that date.

A steering committee was form in nineteen seventynine. The people elected surely all did very fine. At this stage a nice piece of ground was sought In August 1980 the site for Cabanda was bought.

Twenty thousand dollars had to be found.

Many numerous ideas were bandied around.

A door knock appeal conducted through the district.

The people were mostly generous, they didn't restrict.

Other fundraisers were raffles, cent auctions and bingo. All were successful and made the finances grow. But the best of all it would make you beam Was the formation of the famous salvage team.

This began behind Les Gwynne's Engineering Shop.
They kept busy and never seemed to stop.
Others, John Embrey, Ben Thomas, Terry Bennett and Geoff Brown
Came on board to do their best for the town.

So many people involved in this team.

Names too numerous to mention it would seem.

But their efforts surely will never be forgot.

They all certainly gave it their best shot.

A special thanks to Oakleigh miners and Norm Rule For the design and formation of a special tool. When this team was disbanded in March 1993 There was \$125 000 for all the world to see.

In 1985 Federal Government approved a grant. \$220,000 had to be raised to qualify for this grant Rosewood and Walloon Lions lent a helping hand. Donations from Council and Committee efforts proved quite grand.

Jack Peace, Ted Evans, Les and Hazel Gwynne and Geoff Brown All worked tirelessly to bring Cabanda to the town.

Many people said it could not be done, it couldn't be.

But the results are here for everyone to see.

The manager of the Nab bank helped in some way And the robust committee worked day after day. They persevered, planned for a good outcome And really proved that it could be done.

It just goes to show what you can achieve
If you can all work together and believe.
A service to the district now and forever
Cabanda is now here no matter what the weather.

Cabanda 1987 - 2012.

There was a sense of elation following the Official Opening of what was then known as the Rosewood Aged People's Home. The committee had achieved what many people thought they never could. The community came together to congratulate them and wish them well for the future.

From the beginning the home fulfilled the dreams many had had for it. Local frail, aged people, no longer able to manage in their own homes, could remain in Rosewood. Many of them now lived in community with people they had gone to school with. Visitors knew many of the residents, often making contact with people they had not seen in years. Over time it became home for many of the very people who had worked so hard to raise funds to establish it.

Jack Peace, who had served as Committee President since the inception of the Committee, took on the role of Manager of the hostel for 30 hours a week. Marie Gehrke, who had served as Committee Secretary for all but one year of the Committee's life, decided not to re-nominate for that position. These two people were thanked profusely for their loyal and consistent support of the home.

Although the home was operational, fund-raising continued. The proceeds of the Lions Pre-Easter Carnival were given to Cabanda, while bingo, street stalls, raffles, dances at Marburg, cent auctions, cards and the annual appeals continued, with income also from the bottloes. A new (second-hand) truck and trailer were purchased to assist with the collection of bottles, cardboard and other scrap.

It was decided to build an Activities Room connected to the main building by a walkway, to be completed by the end of April. The whole project had to be completed by the end of May to satisfy the Department of Community Services. At that time there was an overdraft of \$28 000. This was actually very good, considering that when construction started in February 1987, the only available cash amounted to \$75 000.

Representatives of the Department of Community Services inspected the facility in August 1988 and were pleased with the result, saying that 'it could be used as an example for new hostels to be built, having been erected at a lower cost than most similar homes'. They advised submitting an application for additional office space and a storeroom.

GPO Box 9848 Brisbane QLD 4001 Telephone: 233 6785

Please Quote HA335(2)



The Secretary Rosewood Aged People's Home Committee 96 John Street ROSEWOOD 4340

Dear Mrs Rieck

AGED OR DISABLED PERSONS HOMES ACT ORG: ROSEWOOD AGED PEOPLE'S HOME PROJECT: CONSTRUCTION OF 26 BED HOSTEL

I am pleased to advise that the Commonwealth grant for the abovementioned project has now been finalized.

The final capital cost for the purposes of the \mbox{Act} has been determined as follows -

		\$	Ś	
	Tender Price		200	613,000.00
Plus	Additions to Contract			
	Bricks (purchased by builder	:)	4,170.00	
	Amenties Room		52,355.00	
	Ambulance Bay and		100000000000000000000000000000000000000	
	Building Works		23,023.55	
			==,=====	79,548.55
Plus	Variations to Contract			65,371.30
				757,919.85
Less	Savings on Contract		43,089.00	
	(includes contingency)			
	PC Savings		5,182.53	
	Contract Credits		2,320.60	50,592.13
				707,327.72
Plus	Flyscreens		2,655.00	Frank Matterson in Steel 1
	Bricks (purchased by org.)		4,836.42	
	Site access/roadworks	65,838	14,958.00	22,449.42
		50,880		729,777.14
Plus	Architects fee @ 7% approximately			
	& Disbursements (as claimed)			50,610.03
				780,387.17

R 1195/HM

10,295.19 Plus Structural Engineer 3,000.00 Electrical Engineer Hydraulic Engineer 2,250.00 600.00 Soil Survey Fire Department Fees 154.70 Council Fees 270.75 16,570.64 BUILDING COMPONENT COST \$796,957.81 24,000.00 Plus Land at Valuation Balance Roadworks 50,880.00 LAND COMPONENT COST 74,880.00 TOTAL CAPITAL COST \$871,837.81

The capital cost of the project could be shared as follows:-

10110#5.	Building	Land	Total
	\$	\$	\$
Organisation	271,757.81	24,960.00	296,717.81
Commonwealth	525,200.00(max)	49,920.00(max)	575,120.00
Total	796,957.81	74,880.00	871,837.81

The Commonwalth grant has been finally determined at \$575,120 the total instalments paid to date are \$559,281. The balance of the grant \$15,839 will be available shortly.

If you have any queries regarding this finalization please contact Kevin Conway on the telephone number above.

Yours sincerely

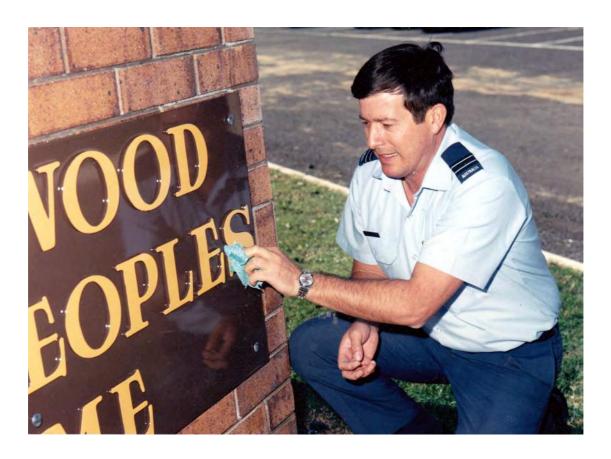
H RHEAD

FOR STATE MANAGER

19 May 1989

R 1195/HM

The name on the brickwork at the front entrance was supplied and installed by 3AD Squadron from Amberley RAAF. They also provided much of the material and did all of the work of constructing a bush house.





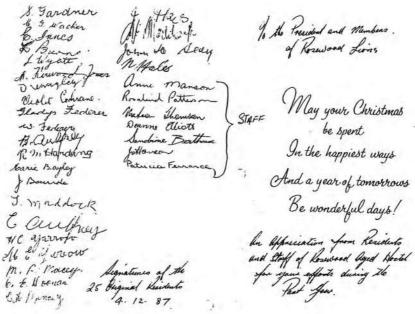
Residents enjoying lunch in the bush house.

Keeping the hostel solvent was a continual challenge, as unexpected expenses arose, eg, the compulsory superannuation levy. It was decided to contact the local churches asking for volunteers to assist by serving tea on Saturday and Sunday evenings, and lunch on Sunday. The response was great. A roster was set up and volunteers enjoyed their contact with the residents over many years.

The Committee investigated the possibility of establishing a nursing home, providing a dementia-specific wing and building self-contained units. The first application for funds to build units failed, and a subsequent application was lodged which also failed as the authorities still maintained that 'West Moreton is well supplied with facilities'. But the Committee was persistent A delegation went to Brisbane to meet the relevant Minister with an application for five duplexes.

The twenty-six residents and the staff formed a community which had a lot of fun with a wide range of activities.





The Christmas card sent to Rosewood Lions signed by all the original residents, December 1987.

The Queensland Times, Saturday, October 3, 1987-Page 7



 Vibrant Rosewood personality turning 99 this month (right) is Ellen Innes with matron Christina Thomson at the Rosewood Aged People's Home.

Ellen set for century in nation's bicentenary

LONG TIME Rosewood resident Ellen Innes will turn 100 in Australia's Bicentenary year of 1988.

She is now living in the Rosewood Aged People's Home and will be 99 years old on October 26 — one week after the home is officially opened.

Mrs Innes is in the Aged People's home, close to childhood friends and people she grew up with.

Many Rosewood people know her as the accountant for Ruhno's store in Rosewood, a position she held for 35 years.

Mrs Innes was born at Calvert and lived in Rosewood since 1931.

r grandfather was a worker on

By WILL HARRIS

Queensland's first railway from Brisbane to Grandchester in 1865.

She is the sole surviving member of the Hammond family.

Ellen's father came to Australia from the United Kingdom as a baby.

Vibrant blue eyes stand out despite the fact Mrs Innes is hard of hearing.

She insists the most traumatic moment in her life was the loss of a baby daughter.

Otherwise life has not been unsettling.

Mary Courtice, Ellen Innes and Elise Leonard celebrate Mrs. Innes 100th Birthday by planting a poinciana tree.



A dinner was held on 10 October 1988 to celebrate the First Anniversary of the Official Opening of the Home and to thank staff and others who had made the first year so successful.

1989 opened with an acknowledgement from Moreton Shire Council of the receipt of an application for the building of the duplex units. At the same time New Hope Coal began to bore for water on the property, to be used for watering gardens. Unfortunately this was not successful.

In February, the Committee received notification that they had been awarded \$144 000 to build the self-contained units. This was half the amount applied for and was enough to cover the cost of only two and a half units. An application was made to the Queenland Housing Commission requesting that funding be increased to 90% of three duplex units. In early April the Manager reported the good news that approval had been received to call for tenders for the construction of three duplexes. A building sub-committee was set up to oversee the development of these units.

When the tenders were opened, they ranged from \$304 988 to \$485 080. However, the grant received totalled only \$172 800. Once again a shortfall! What could the Committee do? It was decided to still proceed with the application to the Queensland Housing Commission for a grant to enable construction of two more duplexes - again unsuccessful.

In October it was reported that a tender price of \$236 124 from B.P. and E.C. Walls was received by the architect. This was accepted and he was instructed to proceed with the project. These are units 1-6, one-bedroom units that have been refurbished over the years, still providing confortable accommodation for single tenants. Like the hostel itself these units became home not only to local residents, but to people who had moved away from the district, and now had the opportunity to return 'home'.

As Mr. Jack Peace had been appointed Manager, a contract for the position had to be drawn up. During discussions it was decided to change the role from Manager to Administrator. It was with regret that the committee accepted Mr Peace's resignation on 25 September 1989. The duties of the manager were divided between the executive of the Committee and the Supervisor, Chris Thomson.

Caring for residents with dementia was an increasing cost for which the Committee received a special grant of \$27 600 in the 1989/90 financial year. The Annual Door Knock Appeal had raised only \$3639 by the end of June.

The Federal Government had decided against continuing to provide capital grants, but legislated for entry contributions for residents of hostels. The Committee agonised over this, but finally agreed that the only way to remain financially viable was to introduce entry contributions. This took effect from 1 July 1989. In 2012, the Entry Contribution is now called an Accommodation Bond.

One of the more difficult areas to manage in a Residential Aged Care Facility is the affordability of staff. It became apparent in August 1989 that, if current staffing trends continued, the Home would not be able to afford to operate. The Supervisor

was asked to look at staffing needs and areas which could possibly be trimmed. A special meeting was called in September to look at ways in which the wages bill could be reduced by \$700 per week. It was noted in the minutes that 'the statement to staff re the budget for salaries had been accepted very positively'. Early in 1990 a decision was made to trial a sleep-over arrangement for staff for a three months period, rather than stand-up staff being rostered on each night. This idea however, did not extend beyond the trial.

Two major projects were undertaken in 1990. The first was the landscaping of the grounds. Arnold Rieck was asked to prepare the plan for landscaping and RAAF representatives designed and built a roof support for the gazebo. This gazebo still looks a picture when the orange trumptet vine growing over it is in flower.

In January, 1990 the long awaited construction of the Community Housing duplexes began (units 1-6). The first residents were welcomed at an afternoon tea held in their honour on June 28.

Later in that year Geoff Brown raised the idea of building resident-funded two-bedroom units, such as he had visited at Fassifern Retirement Village. This would provide another level of care for local residents. In 1991 units 7 – 10 were built by L. & A. Fortescue and the licence to occupy sold at \$75 000, with a percentage being retained each year by the organisation for the first five years. The service fee was set at 22.5% of the single pension.

Up to this time, the facility had been known as the Rosewood Aged People's Home but the Committee was of the opinion that a specific name was desirable. A competition for a name was held, and although several entries were received, none caught the imagination of the committee. In May 1990 it was decided to name the facility Cabanda. Cabanda is believed to mean Our Home, and is also the name of the second station on the closed Rosewood – Marburg railway line. It was the name of the property of George and Phedora Harding through which the railway line ran from Perrys Knob station to Tallegalla Road.

For the first time the AGM was held in September instead of March, which meant the accounting year was changed from the calendar year to the financial year.

Two local Councillors attended the January meeting in1992 to discuss the building of an access road to the eastern side of Cabanda property. Application was made to Council to have a street running north from the end of Skinner St, to be known as Cabanda Court. The total cost of construction of this road was estimated at \$50 000 of which Cabanda was to contribute half.

During 1992 units 11 – 13 were constructed by B.P. and E.C. Walls for approximately \$263 000. As there was only slow demand for the resident-funded units, it was decided to refund the full purchase price when residents left.

Sadly, in March 1993 the Salvage Team was finally disbanded. A series of brass plaques commemorating the members of the Salvage Team is attached to the board at the entrance to Cabanda.

The Committee decided to explore the possibility of offering Community Aged Care Packages. The big news from the November 1993 meeting was that the possibility of starting a Day Respite Centre was raised for the first time. The Bus Sub-Committee had finally been able to purchase a bus for \$23 800, which was handed over at the Lions' Street Carnival.

A visit from the Standards Monitoring Team resulted in a report that all standards had been met. The Team was delighted with the quality of care given. An application was lodged for additional beds, but it was not successful.

Mrs Chris Thomson resigned as Supervisor and Mrs Trish Fairman of Ipswich was appointed to the role in November, 1993.

Early in 1994 units 14 and 15 were built at a cost of \$169 000. Approval was given for the purchase of blocks of land east of Cabanda Court as these became available An offer was made to the estate of the late Annie Hesse for 80 Matthew Street. The adjoining block was purchased later and both houses were sold for removal. The rear of 84 Matthew St was purchased to enlarge the block.



Units 14 and 15.

It was decided that the Home would be known as Cabanda Hostel and Day Respite Centre. The two wings of the hostel were given names, and so the west wing became known as the Pioneer Wing and the east wing Heritage Wing.

The Council completed the construction of Cabanda Court by constructing Harding Walkway from Matthew Street to Cabanda Court.

Units 16, 17 and 18 were completed in early August. Lots 54 – 58 Matthew Street were purchased at a cost of \$145 000 to provide land for the future development of independent living units. Lot 53 was purchased later.



Units 16-18

By 1995 Cabanda had still not received funding for Community Aged Care Packages, so the Committee considered the possibility of introducing the scheme privately. A further submission was lodged.

Aged Care consultant James Underwood stressed the need for contingency funds for refurbishment of the Hostel every fifteen years. At the time new hostels cost about \$60 000 per bed to build. Mr Underwood suggested that Cabanda needed to add a 20-bed nursing home to the Hostel and independent living units to make the operation financially viable.

Early in 1996, however, Cabanda was again informed that the district was not regarded as having a high need for extra hostel beds, so approval would not be granted any time in the near future. Nor was the application for CACPs funding approved.

The old staff room was renovated and became a Respite Care room, and the laundry in the Heritage Wing was converted into a bedroom, so the 26-bed hostel became a 28-bed facility.

By June 1996, there was no further need for volunteers to assist with weekend meals. They were thanked for their years of service. The volunteers had really enjoyed getting to know the residents, and the feeling was mutual.

1997 saw the tenth anniversary celebrations in the form of a Spring Fair.

Sales of the Independent Living Units had been slow, even though prices charged were cost of construction, plus a very small amount for the land component. The main reason was that the price that home owners could get for their homes in Rosewood was very low – around \$75 000 for a three-bedroom post-WWII house. Architect Peter Johnston was asked to design an ILU that was less expensive to build. He proposed cottages instead of duplexes, with narrower eaves. It was decided to proceed with fifteen of these on the eastern side of Cabanda Court, to be built in two or three stages.

Cottages 21, 22, 30 – 33 were completed in May, 1999.

A grant of \$6412 was received from the Gambling Community Benefit Fund to construct linked walking paths through the gardens around the complex. A charming covered courtyard was created outside the main lounge and named the Len Claus Courtyard to preserve the memory of one of Cabanda's memorable residents.

Following the changes to the Aged Care Act in 1997, the Accreditation Agency was established, and for the first time Cabanda had to undergo the accreditation assessment, which involved a lot of work. Mr Barry Ashcroft, State Manager of the Aged Care Standards Agency spoke at the 1999 AGM and assured the Committee that the Agency was there to assist, to communicate, to support, and to measure improvements over time. When the first Acccreditation assessment was held on 16 and 17 March 2000, Cabanda achieved compliant on the full 44 standards. Great celebrations!

Eventually the application for Community Aged Care Packages was approved, with an allocation of nine. This was later expanded to fourteen. These packages, which are government subsidised, fund Cabanda staff to deliver the equivalent of low care services to clients in their own homes.

Again an application for fifteen dementia-specific beds was submitted, and at last it was successful. Many discussions were held on the best way forward. It was decided to aim for a 'There's no place like home model'. Peter Johnston was appointed architect, and he and some of the board members inspected many other dementia-specific units. It was decided to build sixteen rooms in pods of four, each pod with its own sitting-room. A new laundry was to be incorporated into the design as the commercial laundry in Ipswich which had been used was due to close.

The final plans had the existing hostel kitchen becoming the dining room and the old dining room a general activity area, while the laundry would adjoin the kitchen on the southern side. Cost of this extension, equipped, was approximately \$320 000. The dementia-specific wing, to be known as Cabanda Lodge would be built by D.G. Wilson Pty Ltd at a cost of \$700 000.

The new kitchen and laundry became operational in May 2000 and the Lodge was officially opened in November by Thora Dutney, in recognition of her long and meritorious service to the organisation and its residents. All rooms were occupied. Landscaping was completed with assistance from Rosewood Lions and Apex Clubs. It was not necessary to make use of the overdraft facility previously arranged. The careful accumulation of funds by the long-serving Treasurer, Ted Evans, as well as accomodation bonds lodged by residents, made this possible. In fact the organisation had paid no interest until the construction of the high care wing. Ted Evans died in 2002, and the pathway from Cabanda to Johnston Park was named the Ted Evans Way in his honour,



Myrl Evans responding to the Official Opening of the Ted Evans Way.

The almost two acres of land just north of Cabanda, owned by Bill Cassimatis, was purchased for future expansion, and amalgamated with the original block. Two three-bedroom, two-bathroom dwellings were built on this block. As a sewer line runs through the property parallel with the Johnston Park fence approximately 10m in, it was necessary to site these dwellings to the east of that line. Rosewood Lions again assisted with landscaping.

A new Retirement Villages Act came into force from 1 July 2000 which required a new Public Information Document for incoming Village residents. A Capital Replacement Fund and a Maintenance Reserve Fund were instigated. The decision was taken to re-instate retentions from the purchase cost of resident funded units, set at 2% per six months for the first five years. The introduction of the GST had to be carefully prepared for as some aspects of Cabanda's activities attract GST and some do not.

Certification is the process of ensuring that the building in which an aged care residential facility operates, meets all standards. These standards are reviewed periodically. In 2000 new fire compartmentalisation requirements were introduced which required that the hostel must be divided into fire compartments of not more than 500 sq.m., which necessitated a significant building project for Cabanda. It was decided to extend the administration space in conjunction with this project, and to upgrade six ensuites.

Trish Fairman resigned as Administrator as from 30 May 2001. She had held this position for $7 \frac{1}{2}$ years and her work was very greatly appreciated.



A Christmas Party at Trish's home. Trish Fairman, Joyce Rieck, Bill Dray, Ted Evans, Geoff Brown, Lorna Kanofski, Pam Evans, John Saba.



Trish's Farewell

49

Gwenda Bleakley became the new Adminstrator.



Gwenda Bleakley, the new administrator of Cabanda Aged Complex.

Approval was received from the State Community Housing Department for a grant of $$450\ 000$ to cover construction of four two-bedroom units for rental to eligible couples. These units were opened in May 2003. These were units 50-53 (now known as 59). A generator was purchased and installed, to fire up immediately in case of an electricity failure.

At the 2001 AGM it was reported that 3333 hours of voluntary work had been provided by 82 volunteers in the past financial year, increasing to 88 the following year. These volunteers helped to preserve self-respect, sustain tranquility and promote and cultivate friendships outside Cabanda. In this way they assisted residents to maintain connection with the wider community, which kept them interested in and knowledgeable about the outside world. At the same time, the volunteers were helping to break down the stigma some in the community felt, about aged people and aged care facilities.

A grant of \$4143 was received from Jupiters Casino Community Benefit Fund to purchase a large screen TV, VCR and DVD player. The Board decided to purchase the Mac Management System at a cost of \$33 000. This would be the foundation of our documentation system.

Gwenda Bleakley resigned as Administrator late 2002. It was then decided to split this role and to appoint an RN Supervisor and a General Manager. Lyndon Niemann was appointed General Manager in January 2003.



The upgrade to the hostel was completed in January 2003 at a total cost of \$229 000, of which \$150 000 was received as a grant from the Department of Health and Ageing.

A Register of Volunteers, a handmade leather-bound book of heavy paper, was made and donated by Muriel Smith, in which Helen Whittle inscribed in her beautiful calligraphy the name of every Cabanda volunteer with the years in which they volunteered. A display case to accommodate this book was donated by Wilbur Smith, a resident of the village.

Sub-committees of the Board were set up in 2003, in the hope of reducing the length of Board meetings. They were: Executive, Property, Administration and Finance, Marketing and Public Relations, and Information Technology. Over the years these sub-committees have waxed and waned, depending on the priorities at the time.

In 2003 another full Accreditation Assessment was conducted and again Cabanda was rated fully compliant in all 44 standards, although some improvement was recommended in activities in the Lodge.

Costs were still a concern. At the 2003 Annual General Meeting the Treasurer noted that although subsidies had increased by about 10%, wages and oncosts expenses for the Hostel/Lodge had increased by 30% compared to the 2001/2 figures. The importance of each cost centre being financially self-sufficient was stressed.

Moves were made to create a more professional corporate image for Cabanda, with a common style for all signage. A twig of the rosewood wattle tree (Acacia

fasciculifera) was selected as the logo, to symbolise Cabanda. This long-living local tree, often used for shade in parks and gardens, gives protection, as Cabanda does. The single branch represents Cabanda Care, its several leaves signify the various services it offers. The aqua/green background represents the colour of the leaves. New letterhead was designed together with new coloured brochures. The first Cabanda website was now up and in place, also featuring the new logo.





Twigs of the Rosewood wattle tree on which the logo is based.



Arnold Rieck planting a rosewood wattle tree, watched by Hazel Johnston, Mary Butler and Hein Ruijs.

The tender of \$1 090 000 from Barclay Mowlem was accepted for construction of units 23 – 29, the work to commence in October 2004. These were officially opened on 7 July 2005.





The village has pleasant, restful spots.

Lyndon Niemann, General Manager, resigned as from 17 January 2005. Craig Yeates was appointed to the position in April.

2005 was the Year of the Volunteer and Cabanda decided to invite the Governor of Queensland, Her Excellency Ms Quentin Bryce, AC to present certificates and Centenary of Ipswich City medallions to Cabanda volunteers. It was a very exciting evening, as Ms Bryce spoke to each of the residents in the lounge. She then joined the volunteers in the Baptist Church Hall for a function arranged as a thank-you to all volunteers. She endeared herself to everyone present, relating easily to each person to whom she spoke and likening Rosewood to the small town of Ilfracombe in which she had grown up. Overheard as Ms Bryce spoke to Ben Thomas, one of the hard working bottloes attending in his wheel chair, 'Do you have something to do with Cabanda?' 'I built the bloody place' was Ben's reply.

In 2005 the Retirement Village gained its first Accreditation. One of the problems of a small stand-alone facility providing a range of services is that each funding body has its own accreditation requirements.

Early in 2006 a proposal to establish a Warm Water Pool and Spa for Cabanda residents and staff was thoroughly investigated. The benefits were undoubted, but the difficulties involved were insurmountable, and the proposal was shelved.

In 2006 there were 70 active volunteers. Eight volunteers were invited to an evening at Government House. The Diversional Therapist at that time wrote: 'When speaking to other professionals in my field they are gobsmacked at that number, and I have to explain to them the various areas in which they work, what their duties are and how many hours they do, before I am believed. I also explain that we are a small town and Cabanda itself was instigated by volunteers, and that culture has prevailed over the past twenty years'.

Tenders were accepted from C.F. & J.E. Miles for construction of four single-bedroom Community Housing units. When this project was first mooted in July 2004 a sketch design was produced and costed at \$625 000, but in March 2006, the lowest tender received for construction was \$962 000. These four units (now known as units 55-58) were opened in 2007.



Units 55 - 58

The Board met with representatives of the Planning Department of Ipswich City Council to discuss future development plans for Cabanda. They said that they would look favourably on Cabanda developing their northern block and any adjoining land it acquired. They were promoting in-fill in the Rosewood town area. There would be no restrictions (within reason) on the type of housing as it had no street frontage and Cabanda would not need to blend in with any other style. Because it was important to include social planning as well as town planning in the deliberations, they strongly recommended that Cabanda engage the services of a town planner.

Over time, 90, 92 and 96 Matthew Street were purchased and the rear of the blocks sub-divided off and amalgamated, and the dwellings re-sold.

The Board recognised that it had never compiled a master plan for the property. There was a need to define our vision for the future and seek professional guidance to develop long-term development strategies to avoid costly planning mistakes. The urgent need was for a more attractive entrance which would provide better protection from the weather. A temporary shelter was erected at the front of the building to protect clients entering the building, and provision made for its relocation when the new construction work began. Several architects who specialised in Aged Care were approached, and eventually Paynter Dixon was requested to assist the Board to develop a master plan for the Cabanda Complex.

2007 began with a workshop to develop this master plan. A burning question was – Would it include a high care wing? And if so, would it have single rooms or shared rooms? The cost of building and servicing single rooms with ensuite was far higher than shared rooms or shared bathrooms, but private rooms were preferred by residents. When the Board received advice that if Cabanda did not build a high care wing, a competitor would come into the district and do so, it was decided it had to take the plunge and build a high care extension.

A consultant was engaged to write a submission for Cabanda to seek 32 high care bed licenses. The new development was to include an extra services wing, which would permit Cabanda to accept accommodation bonds from high care residents. The result was that Cabanda was successful in being awarded 20 bed licences, 14 of these to be extra service rooms. Application was made for a further five bed licences – these were at the time unfunded beds. Preliminary plans for a high care wing were prepared by Paynter Dixon and reviewed by the Board. To make the best use of the land, it was decided to build a two-storey building, and so Cabanda eventually installed the first lift in Rosewood. A cocktail party was held on 18 May 2007 to launch the Master Plan. In November, the ALP and Liberals both promised that if they won government, \$1.5 million would be allocated to Cabanda for its proposed high care wing.

74 Matthew Street was purchased so that the rear of this block could be used for future development.

26 January 2007 saw a celebration of the 20th Anniversary of the Dedication of the Foundation Stone. A 20th Anniversary celebration of the Opening of Cabanda was planned to be held 13 October 2007. Gift vouchers to local stores were given to all staff as recognition of their contribution to the care that Cabanda had offered for the past 20 years. We were also able to offer staff the ability to salary sacrifice, as we are a not-for-profit organisation.

The Governor of Queensland, Her Excellency Ms Quentin Bryce was unable to attend our 20th Anniversary celebrations but instead she invited the Board to afternoon tea at Government House. When Board members told the Governor about their building plans, she said,' Invite me to open it, I would love to come'. She did not know that she would be Governor-General before it was due to be opened.



The Board with the Governor at Government House. L to R. Joy Gallagher, Tom Reardon, Brian Murray, Susanne Ruijs, Governor Quentin Bryce, Lorna Kanofski, Elaine Housen, Joyce Rieck and Errol McAlpine

Time after time, year after year, Board minutes record that budgetting continued to be a problem, with the cost of wages accounting for more than 70% of the income.

Early in 2008 the method of recording the needs of residents, and thus the funding to be provided for meeting those needs, changed from the Resident Classification Summary to the Aged Care Funding Instrument. Cabanda enlisted with QPS Benchmarking as a way of monitoring its performance measured against similar facilities.

The legal name of the organisation was changed from Rosewood Aged People's Home Committee Inc. to Cabanda Care Inc. as from 31 March 2008. A new constitution was written and the Committee of Management was formally reconstituted as the Board.

On 12 September 2008, the contract was signed with Paynter Dixon for construction of the High Care Wing (which included a café) and upgrade of kitchen and laundry.

The cost of the High Care Wing, the Link (venue for the Day Respite Service) and other related upgrades was approximately \$7m. Paynter Dixon also started planning the construction of seven ILUs at a total cost of approximately \$1.7m. When these seven units were all purchased 'off the plan', it was decided to build two more on a previously approved site. What a huge undertaking for Cabanda! There was some apprehension, but an overwhelming sense that this growth in the facilities to allow even greater services to the frail aged of the district was the right way forward. Previously it had been necessary to transfer residents to other facilities when their needs were beyond what Cabanda staff was qualified to meet. This was the fulfilment of the committee's dream when the Hostel first opened, to provide the full continuum of care from independent living to high care services.

Finance was arranged through the Bendigo-Adelaide Bank. Commencement of the building project was celebrated with a Turning of the Sod ceremony on 28 January 2009. \$50 000 US was received from the Lions Club International Foundation. Local supporters also pledged significant donations to the project. This huge project involved intense management by the construction committee of the Board as well as the Manager, demanding regular meetings with the contractors. This was a very busy and stressful time for all involving the staff and residents in a great deal of inconvenience, noise and dust, but finally the High Care Wing was completed in December. The administration staff, however, was estatic when they were able to move into their new premises as part of that wing the month before.

The first residents moved into the High Care Wing in January 2010. Early in the new year renovations to the kitchen and laundry commenced. During this time all meals were purchased from Wesley Mission, and all laundry carried out by E Laundry – both expensive exercises. The meals were dispensed from the new café which had not commenced operations. Now it has become a meeting place for residents and visitors as well as members of the public.



Viewing the high care wing from the courtyard.







Hard at work in the kitchen.



Robyn at the counter of the café.

Because it was difficult to recruit the additional RNs who were needed for the High Care Wing, agency staff were employed to fill some shifts, which resulted in a cost over-run in care wages. The financial situation at Cabanda was a concern. When Cabanda was a 26-bed facility the Board was told it needed to be a 40-bed facility to be financially viable. When it expanded to a 44-bed facility the bar was raised to a 60-bed facility. Now that it is a 66-bed facility, industry wisdom is that a facility needs at least 80 beds to be viable. But somehow Cabanda keeps providing the care and service to our aged and frail members of the community.

Planning began for the official opening of the High Care Wing. As Ms Quentin Bryce had offered to open it, when she was Queensland Governor, it was decided to approach her now and invite her to perform this duty in her role as Governor-General. The Board Secretary was encouraged when Ms Bryce's office informed her that the Governor-General had requested that it be included in her itinerary. Eventually Cabanda was informed that she would come at 5 pm on 6 August. What an exciting evening for all present! Ms Bryce inspected the building and spoke to the assembled crowd, commenting on how delightful it felt driving into Rosewood in the late afternoon. She spoke to many residents, kneeling down to get close to chair-bound residents. Thora Dutney presented Ms Bryce with a huge bunch of pink baby roses as a thank-you from the gathering.





Thora Dutney presenting the bouquet to the Governor General.





The new wing presents its façade to the community.



The Len Claus courtyard had to be demolished to make way for the new high care wing. The roof was moved to a vacant area near the units, placed on a slab with lattice walls installed. Power was connected, and it was renamed the Len Claus Shelter. It became a readymade assembly area for unit residents.



Clive Claus, Len's son, chats to Pearl Suhr and Wilbur Smith.

All Village residents were offered the opportunity to have solar panels installed at no cost to themselves. Key-safe boxes were installed at their front door, to ensure that emergency service personnel could gain access. It was decided to transfer the monitoring of the emergency call system direct to Tunstall instead of calls being relayed to Cabanda.

There had been security concerns expressed periodically by Village residents over the years, but they intensified in 2010. Some monitoring systems were installed and a security audit of the entire complex was conducted. New Hope Coal responded to Cabanda's application for assistance with funding security fencing with a grant of \$6 500.

Due to our reactive soil Pioneer Wing of the original building had moved, and so had to be underpinned. This was a major but necessary construction job.

Nancy Mathers came for a two week consultancy in April 2010 while Cabanda was without a permanent care manager, to give advice on aspects of care which needed attention. Little did anyone know that Nancy would be back within a year.

The General Manager, Craig Yeates went on sick leave on 9 June 2010, which lasted until his resignation in November. It was a difficult time for everyone, but Dona Waters as Administration Manager, Tracy Danher as Care Manager, and George Bobir as Operations Manager combined to handle the affairs of Cabanda very well. However, the Board was advised that this situation could not continue and so it was resolved to recruit a General Manager although this would make the position of Operations Manager redundant. Fortunately Aged Care Qld recommended Nancy Mathers as suitable for the position of General Manager. An interview was held over the holiday period, and as soon as she was able to relinquish her position in Townsville, Nancy took up her duties at Cabanda, starting on 8 February 2011.

The accreditation assessment was due just two weeks later. With her experience and expertise Nancy was able to formulate plans that enabled Cabanda to achieve compliant status in all standards, and gain accreditation for two years.

Dona Waters has been a rock of stability for Cabanda ever since she started work as an administration assistant in 1999. She has upgraded her skills and these, plus her dedication, have led to her being given great responsibility at Cabanda. Another staff member worthy of special mention is Shona Brown, who started work at Cabanda when the first residents were accepted and continued in many different roles until her retirement in December 2011. Shona's enthusiastic and dedicated service to the residents has been much appreciated.

Sixteen staff members have served Cabanda for more than ten years. Shona Brown, Barbara Bambling, Sue Perry and Judy Ruhl have now moved on. Denise Hillier, Jodi Bowman, Audrey Schiesser, Dona Waters, Susan Young, Cristine Browne, Colleen Ruys, Kate Lenihan, Ann McAdam, Karen Brereton, Julie-Ann Burnett and Colleen Simpson are still on staff. The reliability and dedication of the staff providing the day-by-day care and attention to residents has been the strength that has enabled Cabanda to establish and maintain its reputation for compassionate and efficient care of its residents.

January 2011 was the month of the great flood. The Residential Care Facility is situated where Mason's Gully turns west and flows under the road; but when the gully cannot take the volume of water, it overflows and can threaten Cabanda. Very little water actually entered the facility when this happened on 11 January 2011, but the SES made the decision that the risk of this scenario being repeated the next day or night was very high and recommended that the residents of the facility be evacuated to the Rosewood High School Hall. This was a huge undertaking and Cabanda was grateful to all staff who performed beyond the call of duty, and members of the community who assisted in achieving the transfer without ill effects on the residents. Indeed they treated it as an adventure! There was no repeat of the flooding, but all agreed that it was better to be prepared, and carry out the evacuation in daylight rather than risk having to do so in darkness.

Through all the changes over the years, staff has continued caring for residents with dedication and reliability. They have always sought to create a homelike atmosphere, and in this they have been so successful, that sometimes visitors remark that the Home has a different feel from many other Homes. One staff member wrote to the board saying, 'I've told my four kids that, when my time comes, I want to live here.'.

An added benefit to the community has been the opportunities for employment that Cabanda provides. Currently between 80 and 90 staff are employed. The majority of staff work part time which supports their family obligations.

The Village seems to have a lower profile than the Residential Facility, but with 52 units, 14 of which are rental units, the Village provides a much appreciated service. One resident recounted, 'I think I am in paradise. When I remember all the years I spent in that high set weatherboard home with its downstairs laundry, and how the cold, westerly winds whistled through the walls, I am grateful for my cosy brick cottage. I wish I had moved here earlier'.

Another advantage of the village is that if couple move into a unit, and one of them subsequently has to move into residential care, there is less disruption, and they are each able to easily visit the other. If one pre-deceases the other, there is no need to sell up or relocate.

In reviewing the past thirty-two years since the Rosewood Aged People's Home Committee was set up, it is incredible what has been achieved. If only all the original committee members were able to see what their dream has grown into, they would be so proud. The whole community of Rosewood can be proud also of Cabanda's achievements.

Cabanda is one of the few aged care facilities in Queensland still owned and operated by the local community. Authority is vested in the Cabanda Care Inc. Committee, made up of community-minded citizens who pay a minimal annual subscription. The Committee meets three times a year and at their AGM elects a board of eight members who are responsible for the strategic direction of the facility and for monitoring its operational performance.

To date Cabanda has been served by strong, competent boards and it is hoped that there will always be community members who are prepared to give their time voluntarily to carry on this work.

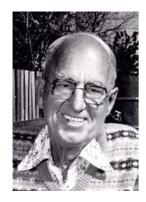
Honorary Life Membership has been awarded to people who have made an outstanding contribution to Cabanda over many years.



Mr Jack Peace (decd) was the strength behind the committee during the eighties. He devoted his attention, his drive and his organisational ability to the fund raising and subsequently the construction of the hostel.



Mr Ted Evans (decd) was Treasurer of the Committee from its inception until 2000. His business acumen and personal generosity were instrumental to the success of Cabanda. He was always supported by his wife, Myrl.



Mr Geoff Brown (decd) was the very conscientous Publicity Officer in the early years of the Committee, keeping the project in the news. Later Geoff involved himself in every aspect of Cabanda right up to the month of his death.



Mr Bill Dray (decd) was a Committee and Board member for many years and involved himself in a range of activities, including mowing the lawn and acting as manager in Jack Peace's absence.



Mr Bob Brown (decd) was an active bottloe and volunteer with his wife, Girlie (decd), who was president of the Support Group for many years.



Mr Ben Thomas (decd) was an active bottloe for many years, driving his car and trailer around the district. His wife Jean (decd) was also a hard-working volunteer.



Mr John Embrey (decd) was also an active bottloe and advocate for the Home. His productive vegetable garden supplied the Cabanda kitchen will many fresh vegetables. His wife, Violet (decd) was an enthusiastic raffle ticket seller.



Mr Bill Bade (decd) mowed the grounds of Cabanda for many years in a voluntary capacity, until his health deteriorated and he could not continue.



Mr Terry Bennett was an active bottloe and a regular raffle ticket seller, always supported by his wife, Kath (decd). Terry is now a Cabanda resident.



Mrs Thora Dutney has been a hard-working volunteer in many different spheres of Cabanda for 30 years. Serving supper to the card players late at night, sweeping out the Day Respite Centre early in the morning and on and on.



Mr Clyde Nicoll has been Treasurer since 2000, and his involvement has ranged over many aspects of Cabanda management. His wife, Delma, is a very active hands-on volunteer.



Mrs Lorna Kanofski was Chairman of the Board from 1993 to 2004, and is President of the Village Residents Committee. Lorna has contributed to Cabanda in many ways.



Mrs Susanne Ruijs served as Secretary of the Board from 2004 until 2011. Susanne also undertook a range of responsibilities from Volunteer Co-ordinator, to organiser of special events and designer of promotional materials. Hein, Susanne's husband, also made a valuable contribution.



Mrs Joyce Rieck served as Secretary of the Board from 1988 until 2004, and later as Chairman for a couple of terms. She is still active on the Board.

Board Members: over the years.

In the early days of its operation, Cabanda was governed by the full committee.

1988 Executive

Lindsay Roberts – Chairman John Brown – Vice Chairman

Joyce Rieck – Secretary Ted Evans – Treasurer

1989 Excecutive:

Cec Neuendorf – Chairman
Joyce Rieck – Secretary

Eirys Heit – Vice Chairman
Ted Evans – Treasurer

1990 Executive

Eirys Heit – Chairman

Joyce Rieck – Secretary

Neville Tait – Vice Chairman

Ted Evans – Treasurer

1991 Executive

Eirys Heit – Chairman Myrl Evans – Vice Chairman Joyce Rieck – Secretary Ted Evans – Treasurer

1992 Executive

Eirys Heit – Chairman

Joyce Rieck – Secretary

Bill Dray – Vice Chairman

Ted Evans – Treasurer

At the AGM in September 1993, the governance was transferred to a Committee of Management, which later morphed into the Board. The following people have served in these roles.

Lorna Kanofski Board member 1993 - 2012

Chairman 1993 – 2004

Geoff Brown Board member 1993 to 2000

Vice-Chairman 1993 – 2000

Joyce Rieck Board member 1993 to present

Secretary 1993 - 2004

Chairman 2005 - 2007, 2010 - 2011

Ted Evans Board member 1993 – 2000

Treasurer 1993 – 2000

Girlie Brown Board member 1993 - 1994 Board member 1993 - 2000 Bill Dray Thora Dutney Board member 1993 - 1995 Pam Evans Board member 1993 - 1997 Wes Hughes Board member 1993 - 1994 Isabelle Kearsley Board member 1993 - 2000 Dr John Saba Board member 1994 - 1998 Ida Brockhurst Board member 1995 - 1998 Board member 1996 - 1998 Peter Johnston

Olive Claydon Board member 1998 - 2001 Vice-Chairman 2000 - 2001 Pat Cole Board member 1999 - 2000 Rodney Lane Board member 1999 - 2006 Clyde Nicoll Board member 1999 to present Treasurer 2000 to present Tom Whittle Board member 2000 - 2005 Vice-Chairman 2002 – 2004 Chairman 2004 - 2005 Helen Whittle Board member 2000 - 2005 Board member 2001 – 2010 Brian Murray Andrew McDougall Board member 2001 – 2002 **Margaret Ross** Board member 2002 – 2007 Susanne Ruijs Board member 2002 - 2011 Secretary 2004 - 2011 Hein Ruijs Board member 2002 - 2006 Matthew Newman Board member 2003 - 2006 Board member 2003 - 2006 John Turner **Errol McAlpine** Board member 2005 - 2010 Vice-Chairman 2206 - 2007 Chairman 2007 - 2010 Robert Carruthers Board member 2006 - 2008 Tom Reardon Board member 2006 - 2011 Vice Chairman 2008 - 2009 Board member 2007 - 2009 Elaine Housen Joy Gallagher Board member 2007 - 2009 Lyall McEwin Board member 2009 to present Vice-Chairman 2010 to present Board member 2009 - 2012 Lee Cropper John Byrne Board member 2010 - 2011 Jim Yates Board member 2011 to present Chairman 2011 to present Dianne Yates Board member 2011 to present Secretary 2011 to present Penni Boughen Board member 2012 to present

Board member 2012 to present

Wayne Wendt

Cabanda Day to Day Activities

Cabanda has been likened to a popular restaurant. Just as core dishes remain on the menu, having proved successful, the program at Cabanda contains basic regular activities that have proved their worth and popularlity. And, just as dishes in a restaurant change with the seasons, activities at Cabanda are offered to suit the calendar and the people involved, and even, perhaps, special opportunities that may arise.

For instance, residents' birthdays are always celebrated and family are invited to be present to share such occasions. Everyone was excited to share Annie Reilly's 101st birthday in 2009; Doris Greet turned 101 in 2011, and Terry Bennett reached 100 in 2012.



Terry Bennett



Annie Reilly



Doris Greet

Family and friends are invited to theme days also, and Cabanda is always especially delighted at the great response at Mother's and Father's Days and at Christmas. Residents also love to share the fun of theme days such as the footy finals, St Patrick's Day, Springtime, Melbourne Cup, the Ekka, Rosewood Show, the Queen's Birthday, Crazy Hat Day, an old-time dance, the Commonwealth and Olympic Games. The Titanic was remembered on the 100th anniversary of its sinking early in 2012. Not only do these events provide a special reason for residents to dress up, but they also provide the opportunity for the Diversional Therapy team to decorate the lounge to help create the relevant atmosphere.







Mr. Ray Schreweis brought along some treasures to remind residents of yesteryear.









Myrl Evans



Ida Brockhurst



Clyde Nicoll in his Olympic Torch Relay attire







Staff join in the fun





Visitors are always welcome to entertain residents. Silver tenor, Geoff Brown, wellknown to residents, was a great favourite, especially when his wife Tess accompanied him on the piano . Other singers who have shared their talents are Floyd, Laurie Burrows, Scott Tweedie and Trish Green, while local singers, Kath and Bob, Bill Yarrow and Gloria and Des Samuels have always been delighted to entertain.



Geoff and Tess Brown at the piano

Below: Ruth Ruhland with Biddy and Maureen



The Police Pipe Band visits occasionally, as does Piper Joe, sponsored by the Bendigo Bank. The Amberley Brass Band has been greatly appreciated also. Joy Ballantyne's Thursday morning visits to entertain on the piano are eagerly awaited; residents remember with affection how Ruth Ruhland also used to play for them, accompanied by her black guide dog. The choir from 60s and Better, and Act 4, the barber shop quartet from MIner Chords have provided pleasant listening too.

But residents also like to MAKE music. Over the years, sing-alongs have always been popular, conducted by volunteers. Bert Wagner from Ipswich accompanies the singing on the keyboard, following the footsteps of pianist Leila Park, with people like Thora, Gloria, Hazel, Daphne and Len leading the singing from the large-print song book. The piano is available for resident use also. Doris McGeary often played for residents while Maureen Grieve especially, loved to play, varying her music sometimes by playing her mouth organ.



A number of residents have learned or developed their computer skills on PCs donated by Ipswich City Council, through Cr David Pahlke and upgraded by Lions, with a printer donated by Queensland Rail. A number of creditable art works were produced under the tutelage of Helen Whittle some years ago.













People with special knowledge have also come to share. Tony Johnston, from Channel 7, talked weather and TV. Auspiced by a grant, a professional story-teller not only told stories, but also elicited reminiscences from residents, which culminated in the production of a book of residents' stories entitled 'Rosewood Reminiscences'. Who could ever forget the day Ipswich Egyptian artefacts collector, John Eddington, gave an extremely interesting talk, followed by the unwrapping of the staff 'mummy' to reveal – a huge Christmas bear!





Other groups have come to share their pleasure with residents. The Writing Class from Ipswich U3A, for instance, took great delight and pride in sharuing a comedy-drama they had written themselves. Members of the Ipswich Quota Club also used to come to share their birthday celebrations with residents. Rosewood Guides held a mini-fete, with a cent trail and a Teddy Bear's Picnic at Cabanda in conjunction with Cabanda's fifth birthday; Cabanda received 20% of the profits. Such events give satisfaction and enjoyment to both residents and visitors.



The value of community service is stressed in school and youth groups at all levels. Visits from pre-school and kindy, local Primary schools, Leos and other High School students, Guides and Scouts, and church youth groups are eagerly anticipated. There may be entertainment, especially at Christmas, and morning tea may be served, but it is the one-to-one interaction that is valued most, by both residents and the young people. School children also come to appreciate the lives and work of





And, just occasionally, something very special happens, to delight everyone. Several staff members have brought back so many memories, when they visited residents in their wedding gowns. The first to do so was Sandrine Berthaux, while others who have called in on their way to their wedding were Meg Rose to marry paramedic Jamie, Paula Schulze, Nicholie Rose, Julie White and Mary Mogensen's granddaughter, Rachel.



How the residents love bus trips! They have been to see the Christmas lights in Ipswich and locally, have visited the Broncos HQ and historic Rosevale Hotel. They have enjoyed morning tea at the Community Centre, and International Luncheons organised by the QCWA, as well as outings to places such as Harding's Paddock, Lake Dyer, Wivenhoe Dam, Haig Street Park and Stone Quarry. These days the Day Respite bus takes residents from our residential section on outings.





Groups have been even more venturesome, going further afield and staying away from Cabanda for a night or two. The first such trip, in 2002, with then residents in the care of Shirley McCoombes and Annette Davis (O'Brien) stayed in the Cerebral Palsy League units at Byron Bay. The success of that excursion has led to more.

Residents are able to watch preparations in the Park for the Rosewood Festival Parade each September. Better still, they have had the fun of participating – driven down the street in the decorated Cabanda bus. And didn't the residents laugh the year the staff organised a float, The Cabanda Retirement Resort!





Cabanda Floats in the Australia Day Parades.



But residents reach out to the community also, including Cabanda itself. They have made jam and other goods for sale at Cabanda functions. They donate to worthy causes. They have knitted/crocheted love wraps for Youth in Crisis, and filled Christmas boxes for children overseas, to be sent through Samaritan's Purse. The annual Big Cuppa is well supported, and residents are pleased to send away their donation to the Cancer Foundation. These activities not only give pleasure but also prompt the sharing of memories.

Everyone realises the importance of physical activity. Roslyn comes Wednesdays to take gentle Tai-Chi, which can be done by residents as they sit in their chairs. Darts and carpet bowls, also run by volunteers bring excitement and friendly competitiveness. Other volunteers take residents for short walks to enjoy the fresh air and a different view of their surroundings, as well as to provide physical activity.

Rosewood has a tradition of volunteering, and the helpfulness of volunteers is appreciated as they also run Bingo, while some read the newspaper or a novel, and others work with individuals, writing letters, perhaps, or helping with crosswords or Sudoku. Residents relish being taken for a car outing, perhaps just for a drive, perhaps to enjoy a function or to shop.

Residents still like to shop, and travelling salespeople often visit, giving residents the chance to buy clothes and shoes. The trolley service, run by volunteers from the Support Group since it began in 2000, runs every second Saturday afternoon. It allows residents to purchase a variety of items, toiletries and sweets being particularly popular. Friday afternoons alternate between the ice-cream trolley and the Happy Hour. The recent innovation of Cabanda Café allows residents to take their visitors, perhaps, to enjoy a cuppa and light snack there.

A Men's Shed was erected in 2005, between the Lodge and Pioneer Wing to provide a venue where men could potter around and so 'escape from female residents and staff'. Rudi Braun built a model plane there, which he flew proudly at the Calvert Airfield.





During the construction of the high care wing and the new reception and administration area in 2009-10, the Shed served as Cabanda's administration centre. Equipment and facilities have expanded since it became available again to residents. They now have access to two computers (donated by a resident), television, darts and board games, as well as the workbench and tools. Both Hostel and Village residents use it on Wednesday mornings, and enjoy interacting over a cuppa and conversation, and sharing skills, ideas and projects.

There are residents whose love of gardening has made them a great asset, potting, planting and weeding not only in the raised beds, but also in the gardens, assisting the regular gardeners to make Cabanda's garden a delight. With Eileen Feldhahn's regular input, Cabanda's gardens won second prize in the community section of the QT competitions in 1998 and 1999. Seeing Cabanda's own flowers in the lounge or enjoying Cabanda-grown vegetables is highly gratifying to residents and staff. The gardens and the tranquil courtyard, the friendly walkways and the gazebos are peaceful resting-places.





Cabanda holds a comprehensive library, many of the books being large-print editions bought by Cr David Pahlke from the Ipswich Library cull. Residents can also borrow DVDs and CDs for their own use. Those who are able, walk out to the Mobile Library van which parks close to the front entrance. For those who are unable to get there, the Mobile Library staff are happy to select resources and deliver them for residents, according to their interests. The large TV in the lounge nearly always has an audience.

Doctors, hairdressers, podiatrist and the banks provide essential services. 2012 has seen Cabanda set up as a polling place for both State and Council elections. What a boon! Residents are saved the effort of getting to the local High School to vote, and staff do not have to arrange transport.

The spiritual needs of residents are not forgotten. Volunteers often take residents to regular services in the town, and, in addition, representatives from the Churches conduct services weekly at Cabanda. Commemorative services formerly held at Cabanda to honour those who had passed away, and to allow residents to farewell them, are no longer held but funeral flowers brought by families to Cabanda are especially treasured.

So you can see the dishes on the menu at Cabanda are many and varied.. Residents sample as they feel inclined, so that all appetites and interests can be met and satisfied.

The twins are 90 today

Yes, Vera and Mick are 90 years old Of this I guess you don't have to be told Still looking splendid with nothing to hide Of Australia's laws they did always abide.

In school years long, long ago
Even in those days all had to go
My mother and twins would wander to school
Sometimes I guess be acting the fool.

Through all of these intervening years With much happiness and I guess some tears They have set a very fine example Follow their trend I'm sure it will be ample.

Vera had a large family as well They know she looked after them well Mick was a devoted family man From responsibilities he never ran.

I feel this is a piece of history Others might have a different story To boast these twins is very fine In this town I feel it's a first time.

I hope they go on a long time yet They'll surely give it their best bet I'm happy to have known you all my life If we follow you we won't get into strife.

Of your efforts you can be very proud Something else to say to the crowd Please let me say it aloud Australia you've done us proud.

Congratulations Vera and Mick

This poem was written by Bill Yarrow to mark the recent 90th birthday celebrations of twins Vera Deas and Mick Smith.



CABANDA DAY RESPITE

A little bit of history....

With the Hostel up and running, the thoughts of the Board turned to those elderly folk who didn't need full hostel care but needed some social interaction with others in the community.

The Board of Management of Cabanda first addressed the need for some form of Day Respite at their meeting of November 1993. Several options were considered as to the venue and the staffing of the proposed venture.

The HACC (Home and Community Care) Liaison officer for West Moreton Regional Health advised prompt action and in June the following year a public meeting was called in the Activity Room of Cabanda. As a result of this meeting, it was decided to trial a Day Respite Centre in the Activity Room every Thursday morning at a cost of \$5 which would include the morning's activities, morning tea and lunch.

An application for HACC funding was submitted and preparations were made to purchase equipment and to train staff members and the volunteers that would be needed to help with the morning activities. (It is interesting to note that many of those who were early volunteers are now clients of the service they helped nurture).

Finally all was ready and on August 4, 1994 twelve Rosewood citizens (eight men and four women) enrolled in the new Day Respite Service. It was an unqualified success and in two months the numbers had doubled to twenty four.

In January 1995, HACC funding was granted for the one day a week service with provision to increase to two days in March.

It was soon obvious that with the Hostel Activity Room used by Day Respite two days a week, a new venue had to be found. In April, it was decided to extend the Activity Room to cater for Day Respite and by June plans had been drawn up and submitted to Council.

The quote of \$51,860 (including Council fees) was accepted in July and building started almost immediately. The total cost ended up at \$63,000 with \$12,960 coming from HACC funding (this by the way didn't arrive until April the following year!) Of course with the noise and disruptions caused by the construction, a new venue had to be found for Day Respite and the hall of the Uniting Church provided an excellent alternative.

Up until now, it had been up to the clients to get to Day Respite under their own steam. By July 1995, the service had been extended to three days a week and

application was made to HACC to provide funding for a bus to be used by Day Respite on their three allocated days (Tuesday, Wednesday Thursday) and for transport to Ipswich for medical appointments etc on Fridays. HACC would provide \$42,850 for the purchase of a bus (which was costed as \$82,000). However, funding would be for a NEW bus not a second-hand one. So a submission was made to the Minister for Health to have the bus funding reallocated to the cost of the building extension which left the way clear for Cabanda to purchase a second hand Toyota Coaster for \$40,000.

This bus served Cabanda well for the next four years but in September 1999, it had reached its use-by date. It was traded in and a new 22 seater Toyota coaster was purchased (at \$74,000 changeover) and owned by HACC.

By early 2001, with Day Respite operating 4 days a week, the Board decided that rather than a Hostel PCA being seconded to work in Day Respite (until now Shirley Coombes and Jodi Bowman had provided this service), a Day Respite Co-Ordinator should be appointed. Applications were received, interviews held and Trish Cole-Clarke was appointed the first Day Respite Co-Coordinator.

In early 2002, submission was made to Blue Care for funding to provide a Carer Respite Day (i.e. for people caring for high care relatives and friends). This programme started on Monday January 14 and was to be funded by Blue Care for 6 months until June 30.

The need for a trailer for excursions was discussed. With wheelchairs, walkers and food to be transported, the buses were no longer enough. By May, a towbar was purchased and fitted in readiness for the trailer (yet to be purchased). By June, Day Respite was operating 4 days a week with 80 clients and 2 buses. Welcome news was also received that HACC would continue to fund the Monday Carer's programme until December but it would no longer be a free day. As a consequence, Day Respite fees were to be increased by \$1 to \$9 a day.

In February 2003, Federal MP Cameron Thompson announced that Day Respite under the joint Commonwealth and State Government Funding programme would receive an annual funding increase of \$50,000 taking its funding under the programme to \$140,408 a year.

April saw Day Respite finally move to a 5 day a week service. This necessitated a challenge to coordinate the buses for Day Respite and continue to run the Community Bus run on a Friday.

On Wednesday, August 6, Trish Cole-Clarke tendered her resignation and her activities officer, Jodi Bowman, was appointed as Day Respite Supervisor on a temporary basis for six months when the position would be reviewed and advertised.

A first for Day Respite occurred in December that year when instead of the normal morning programme, it was decided to run an evening programme to include an early evening meal followed by a bus trip to view the Christmas lights. This was an unqualified success and the Christmas Lights Bus trip has become an important part of the December calendar.

In January 2004, the lack of air-conditioning saw a drop in client numbers and on very hot days, Day Respite moved into the Board Room of the Hostel for their activities.

On February 16, Jodi Bowman was officially appointed Day Respite Co-ordinator upon the successful completion of her probation period – a position she continues to hold today.

The grant for an air conditioner was finally approved and it was installed in May. Even though the worst of the heat was over, it would prove a boon in the following summers.

Around this time, a fish tank was donated to Day Respite and proved the focal point for a number of activities – a day at the beach, Hawaii, fishing. Unfortunately, one day a crack was noticed in the glass and staff and clients just had enough time to rescue the fish before the glass broke completely and flooded the floor of the room!

In July 2006, Jodi notified the Board that she was considering becoming a service provider for DSQ (Disability Services Queensland), allowing additional funding to provide one on one support for higher need and disabled clients. In August, there was a site visit from DSQ to check on the facilities provided by Cabanda. In October, Day Respite was officially approved as a service provider. This involved offering a client one on one support 4 hours a day, 3 days a week. If successful, there was the opportunity to take on more DSQ clients and even provide sleepovers. (DSQ had already approved Day Respite as having suitable sleepover facilities.)

By 2007, it was becoming increasingly obvious that a master plan to co-ordinate new buildings had to be devised. A new high care wing and administration block was on the plans and as it would need to be close to the existing buildings, the obvious place would be the Day Respite rooms. So when the contract for the construction of the new wing was signed, Day Respite was once more re-located to the Uniting Church hall. This time a dedicated Day Respite building was planned on the spare allotment in Cabanda Court. Finally with a new home and a new name (The Link), Day Respite moved in to their brand new building on September 4, 2009.



Cabanda Link



Official Party at Official Opening of Cabanda Link. From Left: Lorna Kanofski, Errol McAlpine, Councillor David Pahlke, Wayne Wendt M.P. Shayne Neumann M.H.R.



Some of the crowd at the Official Opening of the Link. September, 2009

Today....

Day Respite today, under the leadership of Jodi and her activities team of Jane and Helen, along with volunteer helpers continues to cater for those in Rosewood and surrounds as a venue for people to meet, socialize and enjoy friendships and outings. At the moment there are 91 clients on the books with 60 of them attending one or more days a month. On average, 15 – 20 clients attend every day. At the moment there are 4 external clients who receive 1 on 1 care. There are about 12 volunteers at present, who spend one day a week supporting the clients. Volunteers have made a significant contribution to the success of Day Respite over the years.

There isn't a park or picnic area within 50 kms of Rosewood that hasn't been the site for morning tea or lunch. There isn't a café or restaurant that hasn't been visited. Clients enjoy theme days (e.g. Valentine's Day, Mother's Day), outings to concerts, to zoos, travel days (probably most countries have been "visited"), information days (heart attack, diabetes etc.), visits from the police to talk about personal safety and safety in the home, craft days and cooking lessons. Tuesday and Wednesday, a dedicated band of 6-8 card players meet to play 500.

And finally a word from our satisfied clients......

I enjoy day respite because:

"of the many friends I have made"

"of the variety in the programmes and the company of other clients"

"the staff are always so considerate of the needs of all present"

"the staff consistently go beyond the call of duty"

"I don't know what I would do otherwise"

"the meals are great and I would be lost without it"

"great food, great company, great service"





















Rosewood Meals on Wheels

The Rosewood Meals on Wheels Service began with a decision by Mrs. Janet Smith, wife of the minister at the Rosewood Uniting Church in 1969 to organise a roster to provide a delivered meal to one of the church members, Mrs. Rose Imrie who was unable to prepare her own meals.

As people of the town heard of the service, more and more people requested that they also receive meals. It became too much for the members of the Uniting Church and so they invited volunteers from the other churches to assist.

Janet Smith left Rosewood in 1970 and Joyce Rieck took over the task of convenor. Betty Perrin is the only volunteer who has cooked and then delivered for Meals on Wheels continuously from the beginning of the service until now.

The service was offered Monday, Wednesday and Friday. The two course meals were cooked in the volunteer's own home and delivered by that volunteer, or another volunteer. Meals were prepared and delivered at approx. $5-5.30 \, \mathrm{p.m.}$, as the volunteers cooked their family's own evening meal. Crockery from the Uniting Church was used, and after a time the Lions Ladies donated a heated container for the delivery. The most clients serviced were nine and it averaged about six.

The Service became affiliated with Queensland Meals on Wheels in approximately 1976. The Service continued in this format until Cabanda Aged Care opened in October, 1987. Most of the clients at that time became Cabanda's first residents. From then on meals were prepared in the kitchen at Cabanda, and meals on wheels volunteers were responsible only for the delivery, and Joyce Rieck was able to transfer her responsibility to Cabanda's paid staff, although she still organises the delivery roster.

Cabanda Care 2012

Cabanda Care 2012, is the culmination of twenty-five years of planning, vision, financial management and decision making, which has seen the organisation achieve in its goal to provide Rosewood and the surrounding community with care and services to the frail and elderly, both at home as well as through residential care.

COMMUNITY CARE

Community Care Programs (CACPS)

We currently have 14 approved Community Care Packages. Clients who receive this care, must be assessed by the Aged Care Assessment Team (ACAT) as requiring this type of care while still living in their own home.

Staff visit clients daily in their home, to provide care and services to support their independence, and to assist them to remain at home. The care we provide includes personal hygiene as well as assistance with medication and clinical care such as wound care or diabetic management. The services include house cleaning, washing their personal clothes, as well as transport to appointments. In addition, meals will be delivered if requested.

Meals are prepared by cooks in Cabanda Care's kitchen, and include special diets, as well as taking into account allergies and preferences.

CACPS is an accredited process, requiring policies and procedures, as well as ongoing review and evaluation of the systems. All the clients are clinically assessed by a Registered Nurse, with a Care Plan developed to meet their individual needs. Care staff complete daily progress notes, and all aspects of their care and services are regularly reviewed and updated, to ensure that we are providing appropriate care at all times.

CACPS fees are set by the Department of Health and Aging, and are reviewed and adjusted quarterly. We advise our clients of any change to fees, as soon as we have been notified.

Resources: We employ care staff to provide care daily, Monday to Sunday to clients in their own homes. We have a vehicle which is specific to the CACPs, and is used by staff to travel to clients in their homes, as well as transport clients to external appointments or social functions. In addition, a Registered Nurse, including the Care Manger, visits clients to clinically assess any care issues which need to be managed.

MEALS ON WHEELS PROGRAM (MOW)

This program supports up to 20 clients, all of whom live in the community in their own homes. By request, we deliver meals to clients three times per week. Clients pay for their meals, with meal costs set and reviewed annually relevant to our costs.

All meals are prepared in our own kitchen, and include main meals and desserts. Meals are then packed for each individual client, taking into account their

personal likes and dislikes, any allergies and including their assessed health requirements relevant to any medical conditions.

A Food Safety Program is mandatory to ensure that we meet regulatory compliance, and that meals are prepared to meet standards. The Ipswich City Council audits annually by an external auditor, as well as this system.

Resources: a cook in the Cabanda Care kitchen prepares all meals. The menu is planned and reviewed by a dietician, to ensure that it meets the basic nutritional requirements.

Volunteers pick up the meals three times weekly, and deliver the packaged meals to clients in Rosewood and the surrounding community.

DAY RESPITE CENTRE

The Day Respite Centre is open Monday to Friday. It provides a varied social program to clients who come from home, to enjoy social interaction. The daily program includes all meals, morning and afternoon tea, as well as a main meal. Depending on their assessed needs, staff assist clients during the day with their personal hygiene, their meals as well as encouraging them to integrate with the

group to enjoy social activities.

The Activities Program is wide and varied, and aims to provide interests and activities for residents from wide backgrounds. Music, dances, entertainment, quizzes, cards, craft along with bus outings, all provide an interesting program for clients.

Resources: The centre is managed by a coordinator, who is supported by activities staff with the help of volunteers.

COMMUNITY BUS

We have two buses, which provide clients from the day respite program, as well as Cabanda's residential care residents with outings. The new larger bus is able to take residents in wheelchairs, as well as mobile clients. The smaller bus is ideal for small group outings.

Community Bus run includes weekly transport for clients from the community to shopping or appointments in Ipswich and in Rosewood. Clients are picked up from home, and returned home after the outing.

Resources: Cabanda has several staff who drive the buses, as well as volunteers who drive on rotation.

RESIDENTIAL CARE

Cabanda Care has 65 licensed beds funded by the Department of Health and Aging. We provide care and support to residents dependent on their assessed level of care. Our care is based on "ageing in place", with residents who still retain some independence, through to residents who require full care to meet all their needs.

The Aged Care Assessment Team, as requiring permanent residential care, has assessed all residents who are admitted. They will also be assessed as needing either low or high care. In most cases, anyone assessed as low care, would usually still have a degree of independence. A resident assessed as requiring

high care, would in general require a greater degree of care and assistance, to enjoy activities of daily living. Other residents might be assessed as needing dementia care or secure dementia care.

We have a 16-bed dementia wing, which supports residents who require differing levels of care, support and supervision to ensure that their needs are met and that they are safe. This wing is a secure wing, which provides a social family environment, while still ensuring that they are not at risk of wandering. Each resident has their own ensuited bedroom, with dining and living areas, as well as garden areas where they can walk safely in a secured setting.

The new high care area provides care for 24 residents. While residents still have ensuited bedrooms, the facilities are modern and more spacious. The corridors and living environments provide residents, staff and visitors with open spacious areas, with natural light and air flow.

Our physical environment consists of the original building which was built in 1987, with another wing opened in 2000, and the newest high care wing opened in 2010. We have garden areas surrounding the buildings, which are able to be used by residents and visitors.

All residents have their own bedroom with an ensuite. In line with increasing care needs, we are replacing our older beds with more modern beds, which have electric controls, and allow for beds to be raised and lowered to suit care needs. Mattresses to accompany beds are also being replaced, to support individual care needs. Special chairs which provide support and allow residents to spend time out of bed are also part of the changing workplace.

We have a diverse "activities program" which aims to provide residents with activities to support their current function,

CABANDA RETIREMENT VILLAGE

We have 52 units in our retirement village. The units vary in size, and include three bedroom houses, two bedrooms units all with garages, and some units which do not have a garage.

38 units are Independent Living Units, and 14 units are available for clients who are referred to us by the Department of Communities as Long Term Rental clients.

Surrounded by open areas and gardened areas, the village outlook is spacious and allows residents to enjoy walking on even footpaths. Residents who enjoy gardening can tend their own garden areas, otherwise we have staff who maintain the lawns and gardens.

We have an active maintenance program including tradespeople who service electrical equipment, replace and repair equipment as well as ongoing redecorating of units.

Both administrative staff and maintenance staff to ensure a safe environment support residents in the village. All units are fitted with a Tunstall alarm, which is manned 24 hours per day, and allows residents to seek support. The operator will call any of the emergency services; police, ambulance or fire brigade. The alarm system is checked monthly, and this is monitored by office staff for compliance.

The Link is available to all residents in the retirement village. It provides a suitable environment where they can meet socially, have meetings or attend functions. Catering can be provided by the Cabanda kitchen. Some of the residents from the retirement village attend the Day Respite program for social interaction.

CABANDA CAFE

The cafe was opened in 2010. It is situated in the residential building, with openings to the front of the building and facing the car park.

The Cafe is open 7 days a week, including weekends and is open to the public. There is seating both inside and outside to meet everyone's needs.

The menu provides small savoury meals, snacks, hot and cold drinks and desserts.

It provides an outlet for staff, residents and visitors as well as the public, to enjoy light meals.

Families visiting residents can enjoy social interaction away from residents' rooms.

In addition, our activities program includes regular outings to the cafe by small groups of residents and staff.

Map of the Cabanda Complex in 2012.



Thanks to our Sponsors

Cabanda Care Inc. would like to sincerely thank the following organisations and individuals for their generous donations towards Cabanda Care Inc's 25th Anniversdary Celebrations.



Level 3, 299 Coronation Drive, Milton 4064. Ph. 3368 5540

"Paynter Dixon Queensland congratulates the community of Rosewood, the Board of Cabanda Care and all the team who have been so committed to caring for the elderly in Rosewood and the surrounding district. We are proud of our association with Cabanda Care and to support the production of this commemorative publication".



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