

CABANDA TOP FLOOR JULY 2022



Monday	Tuesday	Wednesday	Thursday	Friday	Sat	Sun
Due to ongoing Covid. These activities may change.				1 9.30am Exercise with Physiotherapist 10.30am Devotions Lutheran 2pm Ice Cream Trolley	2	3
4 9.30am Exercise with Physiotherapist 10am Coffee Shop 2pm Hoy	5 10.30am Quiz 2pm Sing a long with Carolyn Hayles	6 10.30am 60's & Better 2pm Bingo	7 10.30am Musical DVD 2pm Bowls	8 9.30am Exercise with Physiotherapist 10.30am Devotions Anglican 2pm Happy Hour with Kelvin	9	10
11 9.30am Exercise with Physiotherapist 10am Coffee Shop 2pm Hoy	12 10.30am Board Quiz 2pm Christmas in July concert with Kamahl	13 10.30am Cooking 2pm Bingo 8pm State of Origin	14 10.00am Bastille Morning Tea 10.30am The Drifters 2pm Bowls	15 9.30am Exercise with Physiotherapist 10.30am Devotions Uniting 2pm Ice Cream Trolley	16 TBA	17
18 9.30am Exercise with Physiotherapist 10am Coffee Shop 2pm Hoy	19 10.30am Craft 2pm Residents Meeting 2pm Sing along	20 10.30am Larry and Jean 2pm Bingo	21 10.30am New Tricks 2pm Bowls	22 National PJ Day! 9.30am Exercise with Physiotherapist 10.30am Devotions Baptist 2pm Happy Hour	23	24
25 9.30am Exercise with Physiotherapist 10am Coffee Shop 2pm Hoy	26 10.30am Games 2pm Sing along	27 10.30am Christmas in July Morning Tea. 2pm Bingo	28 10.30am Chuwar Fiddlers 2pm Bowls	29 9.30am Exercise with Physiotherapist 10.30am Devotions Church of Christ 2pm Ice Cream Trolley	30	31

