

GROUND FLOOR CABANDA SEPTEMBER 2022



Monday	Tuesday	Wednesday	Thursday	Friday	Sat	Sun
			1 9.00am Folding 10.30am Quiz 2.00pm Indoor Bowls	2 9.30am Exercises with the Physiotherapist 10.30am Devotions Lutheran 2.00pm Happy Hour with Kelvin	3 10.30am Entertainment Mark Ware	4
5 9.30am Exercises with the Physiotherapist 10.00am Coffee Shop 2.00pm Hoy	6 9.00am Folding 10.30am Craft 2.00pm Sing along	7 9.00am Folding 10.30am Board Quiz 2.00pm Bingo	8 9.00am Folding 10.30am The Drifters 2.00pm Indoor Bowls	9 9.30am Exercises with the Physiotherapist 10.30am Devotions Anglican 2.00pm Ice Cream Trolley	10	11
12 9.30am Exercises with the Physiotherapist 10.00am Coffee Shop 2.00pm Hoy	13 9.00am Folding 10.30am Garden Party 2.00pm Residents Meeting 2.00pm Sing along	14 9.00 am Folding 10.30am Entertainment with John Anderson 2.00pm Bingo	15 9.00am Folding 10.30am Entertainment with New Tricks 2.00pm Indoor Bowls	16 9.30am Exercises with the Physiotherapist 10.30am Devotions Uniting 2.00pm Happy Hour	17 10.30am Entertainment Chuwar Fiddlers	18
19 9.30am Exercises with the Physiotherapist 10.00am Coffee Shop 2.00pm Hoy	20 9.00am Folding 10.30am Morning Tea Outfront 2.00pm Sing along	21 9.00am Folding 10.30am Entertainment Peter & Glenys 2.00pm Bingo	22 9.00am Folding 10.30am To Be Advised 2.00pm Indoor Bowls	23 9.30am Exercises with the Physiotherapist 10.30am Devotions Baptist 2.00pm Ice Cream Trolley	24	25
26 9.30am Exercises with the Physiotherapist 10.00am Coffee Shop 2.00pm Hoy	27 9.00am Folding 10.30am Quiz 2.00pm Sing along	28 9.00am Folding 10.30am Entertainment Larry & Jean 2.00pm Bingo	29 9.00am Folding 10.30am Entertainment Mark Ware 2.00pm Indoor Bowls	30 9.30am Exercises with the Physiotherapist 10.30am Devotions Church of Christ 2.00pm Happy Hour		

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