


# GROUND FLOOR CABANDA DECEMBER 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Sat	Sun
			1 10.30am Lets Decorate the Christmas Trees 2.00pm Indoor Bowls	2 9.30am Exercises with the Physiotherapist 10.30am Devotions Jeni 2.00pm Ice Cream Trolley	3 10.30am Entertainment The Drifters	4
5 9.30am Exercises with the Physiotherapist 10.00am Coffee Shop 2.00pm Hoy	6 9.00am Folding 10.30am Snow Ball Games 2.00pm Sing along	7 9.00am Folding 10.30am 60's & Better 2.00pm Bingo	8 9.00am Folding 10.30am Rolling of the Rum Balls 2.00pm Indoor Bowls	9 9.30am Exercises with the Physiotherapist 10.30am Devotions Church of England 2.00pm Happy Hour	10	11
12 9.30am Exercises with the Physiotherapist 10.00am Coffee Shop 2.00pm Hoy	13 9.00am Folding 10.30am Entertainment Larry & Jean 2.00pm Residents Meeting 2.00pm Sing along	14 9.00 am Folding 10.30am Entertainment with John Anderson 2.00pm Bingo	15 9.00am Folding 10.30am Entertainment with New Tricks 2.00pm No Activity	16 9.30am Exercises with the Physiotherapist 10.30am Devotions Uniting 2.00pm Ice Cream Trolley	17 10.30am To Be Advised	18
19 9.30am Exercises with the Physiotherapist 10.00am Coffee Shop 2.00pm Hoy	20 11am Ground and Top Floor Christmas Party 2.00pm Sing along	21 9.00am Folding 10.30am Entertainment Peter & Glenys 2.00pm Bingo	22 9.00am Folding 10.30am Entertainment Alley & Sarah 2.00pm Indoor Bowls	23 9.30am Exercises with the Physiotherapist 10.30am Devotions Baptist 2.00pm Happy Hour	24	25 
26 Public Holiday	27 Public Holiday	28 9.00am Folding 10.30am 1<>1 2.00pm Bingo	29 9.00am Folding 10.30am Quiz 2.00pm Indoor Bowls	30 9.30am Exercises with the Physiotherapist 10.30am Devotions Church of Christ 2.00pm NYE Party with the Drifters.		