52April
2024





In this issue...



Notice Board 2
Jenny's Cut for a Cause
Cabanda's Easter Party4
Cabanda Activities5
Hospitality6
Cabanda Home Care
Cabanda Social Group
Activity Page11

Easter is now behind us and unfortunately, due to a covid outbreak in the nursing home, some activities were curtailed. Having said this, the Easter Bunney still visited and residents enjoyed their eggs.

The Minister for Aged Care, Hon Anika Wells MP along with Shayne Neumann MP visited and met with the Board and managers before meeting residents and distributing Easter eggs to residents.





Our Home Care, Social Group and Meals on Wheels programs all underwent accreditation assessment from the Aged Care Quality and Safety Commission. We are required to respond with further information and believe that the full 3 year accreditation period will be approved.

During April, we will be undergoing another accreditation assessment for NDIS registration. This requirement is because we provide care for NDIS clientele.

Hot Off The Press: The Federal Government has deferred the implementation of the new Aged Care which was due to commence from 1 July 2024. We now wait to see what this means for our services.

Robin

Notice Board

<u>Village Medical History & Village Resident – Alternative Contact Details</u>

We have just completed a review of our Village Residents files and would like to update the Village Medical History & Resident – Alternative Contact Details forms, please find enclosed copies of both forms.

Can you please complete the attached form and return to Reception by **21**st **April 2024**, so we can update your files.

If you have any questions please do not hesitate to contact me.

Kind regards,

Kate Hillan

Systems Co-Ordinator

Cabanda Care continues to be community owned and operated in Rosewood, where it is the largest employer in the town. The vision of the residents, living in a community with those they have known all their lives, is being maintained.

Have you considered becoming a Cabanda Care Committee Member?

- Membership of the Committee is open to all community-minded people from Rosewood and the surrounding District.
- A volunteer Board of Directors, elected by the Committee, oversees the strategic direction of Cabanda Care.
- The role of a committee member is to scrutinize and question, where needed, the work of the Board
 - at committee meetings, looking at the Boards achievements, financial reports, and plans.
- Your involvement requires only a few hours of your time each year.
- The Board reports to the Cabanda Committee at meetings held three times a year in January,
 May and September.

If you feel that you can contribute to your community through being a part of the Cabanda Committee, then please, visit us at:

59 John Street, Rosewood Qld 4340

www.cabanda.org.au/cabanda-committee/

Or if you'd like to contact us, you can do so by using the info listed below:

Ph: (07) 5464 2392

Email: info@cabanda.org.au

Alternatively, follow the QR code for more info.



Jenny's cut for a cause

Our Clinical Nurse, Jenny, partnered with Variety – a Children's Charity that provides support to children who are dealing with sickness, experiencing disadvantage or living with a disability.

On March 18th, Jenny had her hair cut by our Hairdresser Lynda, to donate it to be made into a wig, for someone to use who has experienced hair loss from their illness.

To date, Jenny has raised \$796 to this incredible cause.

If you wish to donate, and help Jenny reach her goal, you are still able to do so by going to:

Jenny (variety.org.au)

We are all incredibly proud of Jenny, and think she has done a very wonderful thing.

Not to mention, her new hair looks fantastic and suits her well!













Cabanda Easter Party



Hippity Hop! The Easter Bunny made an appearance at Cabanda to hand out Easter Eggs, have a dance, and spend time with the residents. It was a great party, enjoyed by all.







Cabanda Activities













Some of our residents made some beautiful flower ladies and gorgeous easter wreaths









Hospitality

Happy Easter to everyone.

Residents are enjoying choosing a recipe from their collection for our Residents choice day. We are also enjoying the stories that are told in relation to how the recipes came about. If you have any ideas on a family favorite that we are able to prepare, please bring along the Recipe. Meals on Wheels is available from Cabanda we offer delivery to Rosewood & Surrounds 3 times per week. If you or anyone you know would benefit from this service please contact Cabanda to discuss.

Renovations at the Lodge are almost complete the area is looking lovely. With some bathrooms having new cabinetry and flooring as well as blinds being installed. Hoping for an Early April completion date.

There is a selection of unnamed clothing if you recognize an item of clothing bring it to reception for Labelling.

The Hospitality team have welcomed some new staff members please make them feel welcome.

Village Residents can we have your assistance to call through to Reception any Maintenance requests so that they can be logged, to ensure that these can be actioned.

Colleen Peters.

Hospitality Co-Ordinator.



Cabanda Home Care

Have you heard Cabanda Home Care Office is on the move.

Our new Home Care Office will be located at Unit 20/21 Cabanda Court. Our phone numbers will remain the same. We will begin the move late April and hope to have to move completed by early May.

Feel free to pop into the new Home Care office and say hello

Cabanda Home Care recently undertook a Quality Review with the Aged Care Quality and Safety Commission.

The Quality Assessors gave very positive feedback about Home Care staff and services. The Home Care clients/ family they spoke to also gave very positive feedback about Home Care services and staff. Thank you to all those that participated in the audit. What a great team we have.

What is Dignity of Risk

Dignity of risk is another way of saying you have the right to live the life you choose, even if your choices involve some risk. Dignity of risk is included in the Aged Care Quality Standards. These Standards require your provider to recognize and respect your unique identity, culture, social connections, wellbeing, and needs. This will help you to maintain your independence.

Cabanda Home Care will work with you to make sure you understand the risks to you and others. We will work with you to manage those risks and respect your decisions.

Happy Easter

Easter is a Christian festival that celebrates the resurrection of Jesus Christ. Some facts about Easter are

The date of Easter Sunday varies from year to year, depending on the lunar calendar.

The week leading up to Easter is called Holy Week, and it commemorates the events of Jesus' last days.

The Easter Bunny legend originated in Germany, where it was a symbol of fertility and new life.

The name Easter comes from the Anglo-Saxon goddess Easter, who was associated with spring and dawn.

Painting eggs is a tradition that comes from Ukraine, where eggs were decorated with intricate patterns.

The world's largest Easter egg was made in Italy in 2011, and it weighed 5000 lbs.

Pretzels were once a common Easter food, because they represented the shape of arms crossed in prayer.



Tunstall/Emergency Alarm Test/Emergency Alarm Test

This is your monthly reminder to test your Tunstall System and pendant to ensure it is working. If you are unsure how to do this, please ask our friendly staff for assistance.

Happy Easter Jodi Bowman Community Care Coordinator



Cabanda Care's Social Group





If you would like more information about Social Group, you can always give us a call on 5464 2642 or email

socialgroup@cabanda.org.au

We look forward to you joining us. You will really enjoy what we do and the new friends you'll make!

Below is our fantastic April Calendar, full of activates and something for everyone!

Cabanda Social Group www.cabanda.org.au 07 5464 2642 Cabanda Care Respite@cabanda.org.au						
Mon	Tue	Wed	Thu	Fri	Sat	Sui
1 Easter Monday PH Centre Closed	2 10am Hoy and Hamburger Morning \$22 1pm Cards \$12	Rosewood Shopping \$14 10am Physio \$22 12-2pm Cards \$12	Forest Lake Tavern \$27 Purchase Lunch	5 8am CBR (2 runs) \$22 8.30am Brunch @ Lotus Café Springfield \$22	6	7
8 10am –1pm Indoor bowls \$22	9 9am Op shopping Purchase your own Lunch \$22 NO Cards	10 Rosewood Shopping \$14 10am Physio \$22 12-2pm Cards \$12	11 Game of Croque at Laural Bank Park & Picnic Lunch \$35 inc Lunch & Game	12 8.30am CBR (1 run) \$22	13	14
15 10am The Witch Hotel, West Ipswich \$27 Purchase Lunch	16 9am Mystery Morning tea \$22 1pm Cards \$12	Client Forum Rosewood Shopping \$14 10am Physio \$22 12-2pm Cards \$12	Dugandan Hotel \$27 Purchase Lunch	19 8am CBR (2 runs) \$22 8.30 Brunch @ The Foundry Café. \$22	20	21
22 10am– 1pm Indoor bowls \$22	23 10am Grannies Groceries \$22 1pm Cards \$12	24 Hearing Australia Rosewood Shopping \$14 10am Physio \$22 12-2pm Cards \$12	ANZAC Day Cest Correct Correct	26 8.30am CBR (1 run) \$22	27	28
29 10am Country drive & Picnic lunch Kholo Gar- dens \$27	30 9am CWA Cent Auction \$22 + strips 1pm Cards \$12			Indicated cost is for funded CHSP Clients. Please contact Social Group for other pricing		

Cabanda Social Group & Community Bus Service

Social Group staff are committed to providing community-based programs that support people to age well and enjoy life. The Social Group is a fun active group of community members who enjoy participating in community outings, having fun and keeping their sense of adventure alive.

Social Group and Friday's Community Bus Service is a Government-funded service. If you want to access Government-funded services, such as the Social Group and transport service, you will need to contact My Aged Care on 1800 200 422. If you would like assistance to take that first step, Social Group Staff are happy to assist with this process and can be contacted directly on (07) 5464 2642.

Social Group and Friday's independent Community Bus Run, is a fun way to start your journey into the aged care services system. Unlike Centre-based activities of old, Social Group is about connecting with like-minded community members together to enjoy each other's company in a supportive fun-based environment. People requiring more advanced care services are encouraged to contact My Aged Care about Home Care Package services.

We always look forward to meeting new people and having new members join in our fun.

Cabanda Social Group Transport

Cabanda Social Group offers 2 transport options every second Friday (except public holidays)

Option 1: Transport to Ipswich for shopping, medical/specialist appointments etc.

The bus leaves Rosewood at 8.00am picks up at your door and drops you to your destination, the bus leaves Ipswich for return trip at approximately 12.00pm

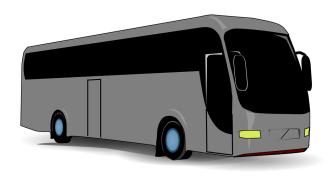
Option 2: Transport to Ipswich for shopping, medical/specialist appointment etc.

The bus leaves Rosewood at 10.30am, picks you up at your door and drops you to your destination. The bus leaves Ipswich, for return trip, at approximately 2:00pm.

Social Group also offers a Weekly Wednesday Transport Service, accessing the Rosewood township.

To book or for more information contact Cabanda Social Group on

(07) 5464 2642



Activity Page











